



Dr A L Narayanan

MD, DM (Cardiology) 40+ Years Experience

Hospitals

Apollo Speciality Hospitals, Teynampet ,

Doctor's Working
Weekdays
09:00 - 17:00

Doctor's Working
Hours
Mon - Sat


Call Now


Book Appointment

Overview

Dr. A L Narayanan is a senior and highly respected Cardiologist with over 40 years of experience, currently practicing at Apollo Speciality Hospital, Teynampet, Chennai. With an MD and DM in Cardiology, Dr. Narayanan brings unmatched depth of expertise and clinical acumen to the diagnosis and treatment of complex cardiac conditions.

Throughout his four-decade-long career, Dr. Narayanan has been at the forefront of cardiology, specializing in interventional procedures, cardiac diagnostics, and the management of critical heart diseases. His practice encompasses a wide range of cardiac interventions, including angioplasty, coronary artery disease management, heart failure treatment, and preventive cardiology.

Fluent in **English** and **Tamil**, Dr. Narayanan ensures clear communication and compassionate care for patients from varied linguistic and cultural backgrounds. His patient-first philosophy emphasizes careful evaluation, personalized treatment planning, and long-term cardiac wellness.

Beyond his clinical work, Dr. Narayanan is also involved in medical mentorship and academic exchange, frequently participating in national and international cardiology forums. His leadership and contributions

have helped shape best practices in cardiovascular care across the region.

Known for his integrity, precision, and unwavering dedication, **Dr. A L Narayanan** stands as one of Chennai's most trusted names in cardiology—committed to delivering high-quality, evidence-based heart care to patients from across India and beyond.

Experience

- **Tutor in Rheumatology** – Madras Medical College (1979–1980)
- **Assistant Professor in Cardiology** – Madras Medical College, Govt. General Hospital (1982–1988)
- **Consultant Cardiologist** – King Fahd Hospital, Saudi Arabia (1988–1996)
- **Head of Department & Senior Consultant Cardiologist** – Vijaya Heart Foundation, Vijaya Hospital, Chennai (1996–2019)

Clinical Experience

Experienced in performing advanced interventional percutaneous procedures, with expertise in:

- High-risk complex angioplasties:
 - Bifurcation Stenting
 - Left Main Stenting
 - Intravascular Ultrasound (IVUS)
 - Optical Coherence Tomography (OCT)
 - Pressure Wire Studies (FFR – Fractional Flow Reserve)
 - Laser Atherectomy
 - Intravascular Lithotripsy
 - Rotablation
 - Vein Graft Stenting
- Invasive procedures:
 - Permanent Pacemaker Implantation

Membership

- Indian Medical Association
- Cardiological Society of India
- Indian Academy of Echocardiography
- Indian Society of Electrocardiography

Awards

Gold Medal in Radiology and General Surgery – Stanley Medical College, 1974

Research and Publication

Includes several national and international publications. Select highlights:

- *Our Experience on Complex Coronary Interventions*, King Fahd Hospital – 1995
- *Short-term Safety and Efficacy of Drug-Eluting Stents – Our Results* – 2006

Conferences Attended

- Numerous national and international scientific sessions, including those organized by:
 - American College of Cardiology (ACC)
 - European Society of Cardiology (ESC)

Frequently Asked Questions