Dr Sandeep Gurram

PDF (Movement disorders) - NIMHANS (2022), DM (Neurology) - MANIPAL (2018-2021), MD (Internal Medicine) - MANIPAL (2014-2017), MBBS - Siddhartha Medical College, Vijayawada (2008-2013)
8+ Years Experience

Hospitals

Apollo Hospitals, Secunderabad ,

Doctor's Working Weekdays	Doctor's Working Hours	Call Now	Book Appointment
Mon - Sat	10:00 - 16:00		

Overview

Dr. **Sandeep Gurram** is an accomplished **Neurologist** with over 8 **years of experience** specializing in **Parkinson's disease, movement disorders, Botox therapy, and Deep Brain Stimulation (DBS)**. He holds an **MBBS, MD (Internal Medicine), DM (Neurology)**, and a **Post-Doctoral Fellowship (Movement Disorders)** from the prestigious **NIMHANS**, Bengaluru. Dr. Gurram has a strong academic and clinical background with numerous **national and international research publications** in leading neurology journals, focusing on rare movement disorder syndromes, dystonia, and Parkinsonism. A recipient of the **Gold Medal at the International MDS Video Challenge 2025 (Hawaii, USA)** and **Runner-up at MDSICON Quiz 2022 (Mumbai)**, he is recognized for his clinical excellence and innovative approach in managing complex neurological conditions. He is an active member of the **Indian Academy of Neurology (IAN)**, **International Parkinson and Movement Disorders Society (MDS)**, and **Movement Disorders Society of India (MDSI)**. Fluent in **English, Hindi, Telugu, and Kannada**, Dr. Sandeep Gurram provides compassionate, evidence-based neurological care using advanced techniques such as **DBS and Botox therapy** for movement disorders.

Membership

- IAN – Associate member of Indian academy of Neurology.
- MDS – Member of international Parkinson and movement disorders society
- MDSI – Member Movement Disorders Society of India

Awards

- Gold Medal in International MDS Video Challenge 2025, Hawaii, USA.
- Runner Up in MDSICON Quiz 2022, Mumbai.

Research and Publication

- Sharma P, Holla VV, Gurram S, Kamble N, Yadav R, Pal PK. Myoclonus-Dystonic Presentation of Childhood Onset DYT-GCH1: A Report From India. J Mov Disord. 2023 Jan;16(1):101-103.
- Gurram S, Holla VV, Sriram N, Phulpagar P, Jha S, Sharma P, Mallithavana S, Kamble N, Netravathi M, Yadav R, Muthusamy B, Pal PK. A Rare Case of Ophthalmoplegia with Ataxia in Genetically Proven Abetalipoproteinemia. Mov Disord Clin Pract. 2022 Dec 1;10(3):514-517.
- Gurram S, Holla VV, Kumari R, Dhar D, Kamble N, Yadav R, Muthusamy B, Pal PK. Dystonic Opisthotonus in Kufor-Rakeb Syndrome: Expanding the Phenotypic and Genotypic Spectrum. J Mov Disord. 2023 Jul 25.
- Gurram S, Holla VV, Sharma P, Kamble N, Saini J, Netravathi M, Yadav R, Pal PK. Spectrum and Pattern of Movement Disorders in Patients with Sporadic Creutzfeldt-Jakob Disease. Tremor Other Hyperkinet Mov (N Y). 2023 May 3;13:14.
- Sharma, Praveen P & Holla, Vikram & Gurram Sandeep & Kamble, Nitish & Yadav, Ravi & Dwarakanath, Srinivas & Pal, Pramod. (2023). A Study of Battery Replacement Characteristics of Patients With Parkinson’s Disease and Factors Influencing Battery Drain. Annals of Indian Academy of Neurology. 26. 580-583.
- Gurram Sandeep & Holla, Vikram & Kamath, Sneha & Prakash, Shunmugakani & Dubbal, Rohin & Kamble, Nitish & Yadav, Ravi & Pal, Pramod. (2023). Facio?Lingual?Palatal Myorhythmic Presentation of Anti?IgLON5 Disease. Movement Disorders Clinical Practice. 10.1002/mdc3.13851.
- Gurram S, Thambi M, Naik A, Gorthi SP. Critical Prognostic Factors in Cerebral Venous Sinus Thrombosis: An Observational Study. Ann Indian Acad Neurol. 2024 Jan-Feb;27(1):67-71.

- Holla VV, Gurram S, Kamath SD, Kamble N, Yadav R, Pal PK. Levodopa-Responsive Isolated Generalized Dystonia in a Patient with Alpha-Mannosidosis Due to a Novel Homozygous MAN2B1 Missense Variant-A Novel Association. Mov Disord Clin Pract. 2024 Jan 20.
- Holla VV, Gurram S, Kamath SD, Arunachal G, Kamble N, Yadav R, Pal PK. Genetically proven Ataxia with Vitamin-E deficiency with predominant cervico-brachial dystonic presentation: A case report from India. J Mov Disord. 2023 Dec 18.
- Netha, Narsimha Rao, Sandeep Gurram, Ramchander Merugu and Kalyani Sambaru. “A clinical study on association of alopecia areata with atopy in Telangana state of India.” (2017).
- Infantile-onset choreo-dystonia due to a novel homozygous truncating HPCA variant: A first report from India; Vikram V Holla, MD, DM; Sandeep Gurram, MD, DM; Sneha D Kamath, MD, DM; Nitish Kamble, MD, DM; Ravi Yadav, MD, DM,Dr. Pramod Kumar Pal; Parkinsonism and Related Disorders, May 2025.
- Dutta, Debayan; Yadav, Ravi; Gurram, Sandeep. Spinocerebellar ataxia type 2 presenting as complex hyperkinetic movement disorder with a dramatic response to anticholinergic therapy. Annals of Movement Disorders ():10.4103/aomd.aomd_31_25, August 08, 2025.

Frequently Asked Questions