



## Dr Joy M Thomas

M.B.,B.S., M.D. (General Medicine), MD (Biophysics D.M (Cardio)  
FRCP(Glasg) FACC, FHRS, FCSI 21+ Years Experience

Dr Joy M Thomas is a top Cardiologist in Chennai at Apollo Speciality Hospitals Vanagaram . Book appointment online with Dr Joy M Thomas now.

### Hospitals

Apollo Speciality Hospitals, Vanagaram ,

Doctor's Working  
Weekdays  
Mon - Sat

Doctor's Working  
Hours  
09:00 -16:00

  
Call Now

  
Book Appointment

## Overview

Dr. Joy M Thomas is a highly experienced cardiologist based in Tiruvallur, Tamil Nadu, with over 21 years in the field of cardiology. He holds multiple prestigious qualifications, including MD, DM, and FRCP(G), and is a fellow of the American College of Cardiology (FACC), the Heart Rhythm Society (FHRS), and the Cardiological Society of India (FCSI). Dr. Thomas specializes in electrophysiology, a pivotal area in cardiology focused on the electrical activities of the heart, which can help diagnose and treat heart rhythm disorders. His commitment to delivering exceptional care is complemented by his proficiency in several languages, including English, Tamil, Malayalam, and Hindi, allowing him to communicate effectively with a diverse patient base.

As part of the Apollo Group, Dr. Thomas is dedicated to providing cutting-edge treatment and comprehensive care for patients suffering from a range of cardiovascular conditions. His rich expertise and empathetic approach to patient care have earned him a reputation as a trusted cardiologist in the community. Patients seeking cardiovascular consultations can expect a thorough evaluation and personalized treatment plans tailored to their specific needs. With a focus on both preventative and

interventional cardiology, Dr. Joy M Thomas aims to enhance the quality of life for his patients while contributing significantly to the field of cardiology in India.

## Experience

### EXPERIENCE and SKILLS:

- Performing interventional procedures since 1994.
- More than 15 thousand procedures.
- Averaging 50 Coronary angiographies and 15-25 angioplasties a month, including primary and complex angioplasty.
- Averaging more than 100 radiofrequency ablations a year, with expertise in 3D Mapping and ablation of all kinds of arrhythmia with special experience in pediatric arrhythmias
- One of the first to do Metallic commissurotomy for Mitral stenosis with Prof. Alain Cribier and did more than 35 cases. Countless BMVs
- Expertise in peripheral angioplasty with training under Prof Michel Henri for carotid angioplasty.
- First trans apical Aortic valve replacement with Brazilian valve with Dr Prashanth Vaijyanath in February 2010
- Device closure of cardiac congenital defects.
- Expert in pacemaker therapy and cardiac Implantable electronic devices for heart failure and for the prevention of sudden cardiac death
- Participant in investigational stem cell therapy

## Membership

### Membership of Professional Bodies

#### International

American College of Cardiology	Fellow
Heart Rhythm Society (USA)	Fellow
Royal College of Physicians & Surgeons (Glasg)	Fellow

#### Indian

Cardiological Society of India	Fellow & Editorial Board Advisor (2010-11,
Current reviewer)	

Association of Physicians of India	Member
Chennai Chapter, CSI	Member
Indian Society of Electrocardiology	Member
Indian Medical Association	Member
Indian Heart Rhythm Society	Member
Tamilnadu Electrophysiology Council	Founding Hony. Secretary and Member

## Awards

- UICC International Cancer Technology Transfer Fellowship 2016
- ESMO (European Society of Medical Oncology) Travel Grant Award 2007
- American Cancer Society University Fellowship 2006

## Research and Publication

### PUBLICATIONS

#### Theses

“Radiofrequency and Microvave frequency characteristics of human tissues.” Thesis submitted to All India Institute of Medical Sciences, New delhi, 1982 for award of MD Biophysics.

“Inferior vena cava obstruction in patients with Amoebic Liver Abscesses.” Thesis submitted to University of Madras, 1989 for award of MD General Medicine.

## Frequently Asked Questions

### 1. Where does Dr. Joy M Thomas practice?

Dr. Joy M Thomas practices at Apollo Speciality Hospitals, Vanagaram, which provides comprehensive healthcare services and specializes in multiple medical fields.

### 2. Who is Dr. Joy M Thomas?

Dr. Joy M Thomas is a renowned cardiologist with over 21 years of experience. He practices at Apollo Speciality Hospitals, Vanagaram, Chennai. Dr. Thomas holds qualifications including MBBS, MD (General Medicine), MD (Biophysics), DM (Cardiology), FRCP (Glasgow), FACC, FHRS, and FCSI. His

expertise includes treatments such as angioplasty and stenting, pacemaker implantation, and heart valve surgery. He specializes in managing conditions like Barth Syndrome, preventive care of heart and lung diseases, and Andersen Tawil Syndrome.

### **3. What is Dr. JOY M THOMAS's specialization?**

Dr. Joy M Thomas specializes in cardiology, with expertise in Barth Syndrome, preventive care of heart and lung diseases, and Andersen Tawil Syndrome. His key treatments include rheumatic heart disease management and preoperative care.

### **4. What are Dr. JOY M THOMAS's medical qualifications?**

Dr. Joy M Thomas holds M.B.B.S., M.D. (General Medicine), M.D. (Biophysics), D.M. (Cardiology), FRCP (Glasgow), FACC, FHRS, and FCSI, reflecting his extensive education and expertise in cardiology.

### **5. How many years of experience does Dr. Joy M Thomas have?**

Dr. Joy M Thomas has over 45 years of experience in the medical field, with a diverse career spanning multiple medical specialties.

### **6. What does a Heart Specialist do?**

Cardiologists, or heart specialists, diagnose and treat cardiovascular diseases, assess heart health, and interpret diagnostic tests like electrocardiograms.

### **7. When should I consult a cardiologist?**

Consult a cardiologist if you experience symptoms like shortness of breath, dizziness, chest pain, irregular heartbeat, or high blood pressure, or if your doctor refers you. Early diagnosis and treatment are vital for heart health.

### **8. What to expect at my first visit to a cardiologist?**

Your cardiologist will review your medical history and assess cardiovascular risk factors. They will perform a physical exam, checking your heart rate and blood pressure, and likely conduct an electrocardiogram (ECG) along with a comprehensive heart evaluation.

### **9. How do cardiologists diagnose blocked arteries?**

Cardiologists use various diagnostic tests to identify blocked arteries. These include cholesterol screening, electrocardiogram (ECG), chest X-ray, coronary CT angiography, ultrasound,

echocardiogram, and cardiac angiogram. These tests help assess the condition of the arteries and detect blockages.

## **10. Can I see a cardiologist directly?**

Yes, direct consultation with a cardiologist is recommended if you have a family history of early-onset heart disease (before age 55 for men and 65 for women). They can evaluate your risk and provide targeted care for hereditary heart conditions.