



## Dr Lalita Badhwar

MBBS, MD 43+ Years Experience

Dr Lalita Badhwar is a top Obstetrician & Gynecologist in Delhi at Apollo Hospitals Delhi . Book appointment online with Dr Lalita Badhwar at Ask Apollo.

### Hospitals

Apollo Hospitals, Delhi ,

Doctor's Working  
Weekdays  
Mon - Sat

Doctor's Working  
Hours  
12:00 - 14:30



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## Overview

Dr. Lalita Badhwar is a highly experienced Obstetrician and Gynaecologist based in South Delhi, Delhi. With an impressive 43 years of practice, Dr. Badhwar has dedicated her career to women's health, offering expert medical care to expectant mothers and supporting them throughout their reproductive journeys. She holds the qualifications of MBBS and MD, reflecting her comprehensive medical education and training. As a female physician, Dr. Badhwar is particularly sensitive to the needs of her patients, creating a compassionate and understanding environment that encourages open communication.

Fluent in both English and Hindi, Dr. Badhwar is able to connect with a diverse range of patients, ensuring that language is not a barrier to quality healthcare. Her practice covers a wide array of women's health issues, including prenatal and postnatal care, gynecological examinations, family planning, and menopause management, making her a go-to doctor for many in the community.

Affiliated with Apollo Hospitals, Dr. Badhwar maintains a high standard of medical excellence, staying updated with the latest advancements in her field. Despite her long-standing commitment to obstetrics and gynecology, she continues to strive for excellence, providing personalized care to each patient. Her

dedication is evident in the countless lives she has touched through her work. Whether you are seeking routine gynecological care or facing the challenges of pregnancy, Dr. Lalita Badhwar is equipped to offer the support and expertise you need.

## Experience

- Over Twenty years of experience in Gynaecology and Obstetrics.
- Specialised in treating women with gynaecological problems using International level clinical practices and protocols. Vast surgical expertise in the field of Advanced Laparoscopic and Hysteroscopic surgery.
- Equally adept at performing advanced and challenging gynaecological surgeries using laparoscopy, hysteroscopy;
- vaginal and traditional abdominal surgery.
- Strongly believe in delivering world class health care with kindness, compassion and caring. Recognized nationally by peers for special interest in complex infertility surgery, endometriosis surgery,
- operating on fibroids, ovarian cysts and tumors, via laparoscopy, hysteroscopy, vaginal route as well as open surgery; menopausal medicine and gynaecological hormonal disorders eg PCOD Significant ongoing contribution towards patient education and counseling
- 1986-Completed MD,1
- 986-1988-Senior Residency Safdarjung Hospital,
- 1988-1990 Dec-worked as Lecturer in GTB,UCMS.
- 1991 Jan -started private practice.
- Senior Consultant Gynaecologist and Laparoscopic Surgeon at Indraprastha Apollo Hospitals, New Delhi since December 1995.

## Membership

- Life member Association of Obstetricians and gynaecologists of Delhi (AOGD)
- Life member Federation of Obs and Gyn Societies of India (FOGSI)
- Vice President, Delhi Gynaecological Endoscopists Society (DGES)
- Life member Indian Association of Gynaecological Endoscopists (IAGE)
- Life member, International Society Of Gynec Endoscopists (ISGE)
- Life member Indian Fertility Society (IFS)
- Life member, Indian Menopause Society (IMS)

# Awards

- Gita Mittal Gold Medal and Book Prize for best clinical research in oncology for year in AIIMS and also for being the best post graduate in oncology research in AIIMS
- On behalf of the ASCO Foundation Board of Directors and the Scientific Program Committee: received the ASCO Foundation Brigid Leventhal Award for Paediatric Oncology at Chicago.
- Royal Australasian College of Physicians Future Directions in Health Congress : Wiley Blackwell Publishing Award for Clinical Excellence : The Best of Grand Rounds

## Frequently Asked Questions

### 1. Where does Dr. Lalita Badhwar practice?

Dr. Lalita Badhwar is a practicing physician at Apollo Hospitals, Delhi. This hospital offers comprehensive healthcare services.

### 2. Who is Dr. Lalita Badhwar?

Dr Lalita Badhwar is a renowned Obstetrician & Gynecologist with over 29 years of experience. She practices in Delhi at Apollo Hospitals Delhi. Dr Lalita Badhwar holds a degree in MBBS, MD. She provides treatments including Reproduction Treatment, Pcod Pcos Treatment, Polycystic Ovary Treatment. She specializes in treating conditions like Pre Menstrual Syndrome, Polycystic Ovary Syndrome In Adolescence, pregnancy-and-heart-disease.

### 3. Why do patients choose Dr. Lalita Badhwar?

Dr. Lalita Badhwar is a leading specialist sought after for Obstetrics/Antenatal Care, Laparoscopic Gynecology, and high-risk pregnancy management. Her expertise in these areas makes her a preferred choice for patients.

### 4. What is Dr. Lalita Badhwar's specialization?

Dr Lalita Badhwar specializes in Obstetrics & Gynecology. She has expertise in treating conditions such as Pre Menstrual Syndrome, Polycystic Ovary Syndrome In Adolescence, pregnancy-and-heart-disease. Her key treatments include Reproduction Treatment, Pcod Pcos Treatment, Polycystic Ovary Treatment.

## 5. What are Dr. Lalita Badhwar's medical qualifications?

Dr Lalita Badhwar holds MBBS, MD, reflecting her comprehensive education in the field of Obstetrics & Gynecology.

## 6. How many years of experience does Dr. Lalita Badhwar have?

Dr. Lalita Badhwar possesses 29 years of experience in the medical field. Her extensive career reflects her commitment to patient care and medical expertise.

## 7. Who is a Gynaecologist?

A Gynaecologist is a medical specialist in female reproductive health. This includes the vagina, ovaries, uterus, and breasts. Gynaecologists are also trained in Obstetrics, managing pregnancy and childbirth.

## 8. What is the difference between a Gynaecologist and an Obstetrician?

Gynecologists manage women's reproductive health, while Obstetricians specialize in pregnancy, childbirth, and postnatal care. Many Gynecologists are also trained in Obstetrics. Pregnant women can consult either specialist; however, gynecologists should be consulted for issues specific to the female reproductive system.

## 9. What procedures do Gynaecologists and Obstetricians commonly perform?

**\*\*Gynaecologists\*\*** commonly perform procedures such as Dilation and Curettage (D&C), removing the uterine lining via suction or curette, and Hysteroscopy, a minimally invasive treatment for uterine conditions. **\*\*Obstetricians\*\*** manage childbirth, providing care for normal deliveries and performing Cesarean sections (C-sections) when necessary to ensure safe delivery.