



## Dr Mahesh Janarthanan

MBBS, MD, MRCPCH, FRCPCH, MSC (Rheumatology) 3+ Years Experience

Dr Mahesh Janarthanan is a top Rheumatologist in Chennai at Apollo Children Hospital Chennai. Book appointment online with Dr Mahesh Janarthanan at Ask Apollo.

### Hospitals

Apollo Children's Hospital, Chennai ,

Doctor's Working  
Weekdays  
Mon - Sat

Doctor's Working  
Hours  
16:00 -17:00



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## Overview

Dr. Mahesh Janarthanan is a skilled Paediatric Immunologist and Rheumatologist based in Chennai, Tamil Nadu. With 3 years of dedicated experience in the field, he specializes in diagnosing and treating immune system disorders and rheumatological conditions in children. Dr. Janarthanan holds several prestigious qualifications including MBBS, MD, MRCPCH, FRCPCH, and an MSc in Rheumatology, demonstrating his commitment to advancing his expertise in paediatric care.

His expertise extends to a variety of complex health issues affecting young patients, helping to improve their quality of life through tailored treatment approaches. Dr. Janarthanan is fluent in English, ensuring clear communication with his patients and their families.

As part of the Apollo Medical Group, he is associated with a renowned healthcare system that is known for its high standards of patient care and innovative treatment solutions. Dr. Janarthanan is dedicated to providing holistic pediatric care and is passionate about educating families about immunological health and rheumatological disorders.

Residents of Chennai seeking comprehensive care for their children's health will find in Dr. Mahesh Janarthanan a knowledgeable and compassionate clinician devoted to improving pediatric health outcomes. His patient-centric approach and deep understanding of child health issues make him a trusted choice for families navigating the complexities of pediatric rheumatology and immunology.

## Experience

- Working in Apollo Hospitals since last Assignment

## Membership

- IAP IRA IAP Pediatric Rheumatology chapter

## Awards

- The Vocational Excellence Award For year 2010

## Research and Publication

- Simultaneous presentation but contrasting clinical features in 2 female siblings with juvenile systemic lupus erythematosus (jsle) Pediatric Rheumatology 2014, 12(Suppl 1):P326
- Is There a Difference in the Presentation of Diffuse and Limited Subtype of Juvenile Systemic Sclerosis in Childhood? Results from the Juvenile Scleroderma Inception Cohort [Www.Juvenile-Scleroderma.Com](http://www.juvenile-scleroderma.com) Arthritis Rheumatol. 2015; 67 (suppl 10)
- Performance of the Adult Systemic Sclerosis Classification in Juvenile Systemic Sclerosis Patients. Results from the Juvenile Systemic Sclerosis Inception Cohort [Www.Juvenile-Scleroderma.Com](http://www.juvenile-scleroderma.com) Arthritis Rheumatol. 2015; 67 (suppl 10)
- Update on the Juvenile Systemic Sclerosis Inception Cohort Project. Characteristics of the First 50 Patients at First Assessment. [Www.Juvenile-Scleroderma.Com](http://www.juvenile-scleroderma.com) Arthritis Rheumatol. 2015; 67 (suppl 10)
- Febrile child - When to suspect and how to work up for connective tissue disorders Indian Journal of Practical Paediatrics Oct.- Dec. 2016 Vol.18 No.4: 299-305
- Medication Use in the Juvenile Systemic Sclerosis Inception Cohort. ARE There Differences in the Diffuse and Limited Subset Patients? - Arthritis & Rheumatology · November 2016.

- Update on the Juvenile Systemic Sclerosis Inception Cohort Project. Characteristics of the First 80 Patients at First Assessment - Arthritis Rheumatol. 2016; 68 (suppl 10).
- Update on The Juvenile Systemic Sclerosis Inception Cohort Project. Characteristics of The First 74 Patients at First Assessment Annals of the Rheumatic Diseases 2016 Volume 75, Issue Suppl 2.

## Frequently Asked Questions

### 1. Who is Dr. Mahesh Janarthanan?

Dr Mahesh Janarthanan is a renowned Rheumatologist with over 3 years of experience. He practices in Chennai at Apollo Children Hospital Chennai. Dr Mahesh Janarthanan holds a degree in MD, MRCPCH, FRCPCH, MSC (Rheumatology). He provides treatments including Acute Diarrhea Treatment, Rheumatism Treatment, Rheumatoid Arthritis Treatment. He specializes in treating conditions like mitochondrial-dna-depletion-syndrome, Multiminicore Disease, Musculoskeletal Disorders.

### 2. Why do patients choose Dr. Mahesh Janarthanan?

Patients select Dr. Mahesh Janarthanan for expert care in Arthritis Management and Rheumatism Treatment.

### 3. What is Dr. Mahesh Janarthanan's specialization?

Dr Mahesh Janarthanan specializes in Rheumatology. He has expertise in treating conditions such as mitochondrial-dna-depletion-syndrome, Multiminicore Disease, Musculoskeletal Disorders. His key treatments include Acute Diarrhea Treatment, Rheumatism Treatment, Rheumatoid Arthritis Treatment.

### 4. What are Dr. Mahesh Janarthanan's medical qualifications?

Dr Mahesh Janarthanan holds MD, MRCPCH, FRCPCH, MSC (Rheumatology), reflecting his comprehensive education in the field of Rheumatology.

### 5. How many years of experience does Dr. Mahesh Janarthanan have?

Dr. Mahesh Janarthanan possesses 30 years of experience in the medical field. His extensive career includes a rich history of service and patient care.

### 6. Who is a Rheumatologist?

A rheumatologist is a medical specialist, often specializing in internal medicine or pediatrics, who diagnoses and treats musculoskeletal and autoimmune conditions, such as rheumatoid arthritis. Their

expertise lies in disorders affecting joints, muscles, and related connective tissues.

## **7. What conditions are treated by a rheumatologist?**

Rheumatologists specialize in diagnosing and treating various musculoskeletal and autoimmune disorders, including rheumatoid arthritis, osteoarthritis, gout, lupus, psoriatic arthritis, tendinitis, spondyloarthropathies, and chronic back pain.

## **8. What symptoms warrant a rheumatologist consultation?**

Rheumatologist consultation is recommended for symptoms such as back pain, joint pain, rashes, joint swelling, itching or dry mouth, recurring fevers, skin bruising, joint or back stiffness. These indicate potential rheumatic diseases requiring specialized care.

## **9. Is a rheumatologist the same as an orthopedic doctor?**

No. Orthopedic doctors specialize in musculoskeletal system issues like bones and joints.

Rheumatologists treat these, plus systemic autoimmune disorders, unexplained fevers, and rashes.

## **10. Does a rheumatologist treat bone cancer?**

No, rheumatologists specialize in non-surgical treatments of joint diseases. Orthopedic oncology surgeons are the specialists for bone cancer treatment.