



Dr Neeraj H

MBBS,MD (Psychiatry) 3+ Years Experience

Dr Neeraj H is a top Psychiatrist in Cochin at Apollo Adlux Hospital . Book appointment online with Dr Neeraj H at Ask Apollo.

Hospitals

Apollo Adlux Hospital,

Doctor's Working
Weekdays
Mon-Sat

Doctor's Working Hours 08:30 -18:00 C

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Book Appointment

Overview

Dr. Neeraj H is a dedicated psychiatrist based in Ernakulam, Kerala, with over 3 years of experience in the field of mental health. He holds an MBBS degree along with an MD in Psychiatry from the renowned National Institute of Mental Health and Neurosciences (NIMHANS), equipping him with comprehensive knowledge and skills to address various psychiatric conditions. As a specialist in Psychiatry, Dr. Neeraj is committed to providing holistic and patient-centered care, helping individuals navigate their mental health challenges with compassion and expertise.

Fluent in multiple languages including English, Malayalam, Tamil, and Kannada, Dr. Neeraj can effectively communicate with a diverse range of patients, ensuring that everyone feels understood and supported in their treatment journey. His approach focuses on understanding the individual needs of his patients and developing tailored treatment plans to foster recovery and well-being.

Though Dr. Neeraj has yet to receive formal awards, his dedication to his patients and his passion for mental health stand out in his practice. As part of the Apollo network, he upholds high standards of care and treatment, committed to utilizing evidence-based practices to achieve the best outcomes for those he

treats. Dr. Neeraj H is truly an asset to the community, offering empathetic support and professional guidance to anyone seeking mental health assistance.

Experience

- Feb 2021- 2022 Faculty member, Docemy, Thrissur
- Aug 2019- Apr 2020. NEET PG Educator, UnacademyBanglore
- Junior Resident doctor, National Institute of mental health and Neurosciences, Banglore
- Feb 2017- Feb 2018. Internship, IGMCRI, Pondicherry

Frequently Asked Questions

1. Where does Dr. Neeraj H practice?

Dr. Neeraj H currently practices at Apollo Adlux Hospital, located in Cochin.

2. Who is Dr. Neeraj H?

Dr. Neeraj H is a highly experienced Psychiatrist with 3 years of expertise in the field. He is known for providing exceptional patient care and advanced medical treatments. He areas of expertise include Personality Disorder Treatment, Remedial And Psychotherapy. He also treats conditions such as Eating disorders, Mood disorders.

3. Why do patients choose Dr. Neeraj H?

Patients trust Dr. Neeraj H for he expertise, patient-centric approach, and commitment to providing the highest standard of care. He is well-versed in the latest medical advancements and ensures personalized treatment for every patient.

4. What is Dr. Neeraj H's specialization?

Dr. Neeraj H specializes in Psychiatry, with expertise in treatments for Personality Disorder Treatment, Remedial And Psychotherapy.

5. What are Dr. Neeraj H's medical qualifications?

Dr. Neeraj H holds prestigious qualifications, including MBBS,MD (Psychiatry).

6. How many years of experience does Dr. Neeraj H have?

Dr. Neeraj H has 3 years of experience in the medical field, treating various conditions related to Psychiatry.

7. How can I book an appointment with Dr. Neeraj H?

You can book an appointment with Dr. Neeraj H through: Online: Visit https://www.apollohospitals.com/book-doctor-appointment/ to schedule an appointment.