



Dr Rakhi Anand

Ph.D Clinical Psychology 28+ Years Experience

Dr Rakhi Anand is a top Psychologist in Delhi at Apollo Hospitals Delhi . Book appointment online with Dr Rakhi Anand at Ask Apollo.

Hospitals

Apollo Hospitals, Delhi ,

Doctor's Working
Weekdays
Mon

Doctor's Working
Hours
16:00 -16:30



Call Now



Book Appointment

Overview

Dr. Rakhi Anand is a highly experienced psychologist based in South Delhi, with an impressive 28 years in the field of clinical psychology. As a dedicated professional, she holds a Ph.D. in Clinical Psychology, equipping her with extensive knowledge and skills to address a variety of mental health concerns. Fluent in English, Hindi, and Punjabi, Dr. Anand is able to connect with a diverse range of patients, ensuring that language is never a barrier to receiving essential psychological support. Her compassionate approach and profound understanding of psychological issues make her an invaluable resource for individuals seeking help. Dr. Anand practices at Apollo, a leading healthcare institution known for its commitment to patient care and well-being. Her expertise spans numerous areas within psychology, allowing her to provide tailored therapy and interventions to meet the unique needs of each patient. Whether you're dealing with anxiety, depression, relationship issues, or other psychological challenges, you can trust Dr. Rakhi Anand to provide an empathetic ear and effective treatment options. By prioritizing patient comfort and understanding, she fosters a safe environment where individuals can openly share their thoughts and feelings, leading to a path of healing and personal growth.

Experience

- Full Time Senior Consultant Clinical Psychologist at **INDRAPRASTHA APOLLO HOSPITAL**, New Delhi since 2006.
- Former Full time Consultant Clinical Psychologist at VIMHANS, New Delhi since 1995 - 2008.
- Former Senior Advisor and Consultant Psychologist in UN Project for International Refugees in India managed by 'Donbosco' , New Dehi.
- 3years External Teaching Faculty at “Rajkumari Amritkaur Nursing College”, N.D.
- Former Consultant Psychologist at “Mata Chanan Devi Hospital”, Janakpuri, New Delhi.
- Former Consultant Psychologist at “Tihar Jail” in a project for the rehabilitation of Drug Addicts.
- Invited as Advisor and Speaker for Critical Issues in Corporate like: EIL, Whirlpool, Hero Honda, Max New York Life.
- Contributed Articles & Expert Advice columns in leading Magazines and Newspapers like: Parenting, Hindustan Times, Times of India & Indian Express.
- Frequent Speaker on Radio FM 94.30.

Membership

- Delhi Psychiatric society
- Indian Association of clinical psychologist
- Indian Association of private psychiatry

Research and Publication

Contributes articles in Hindustan times, Times, and other leading News papers and magazines

Frequently Asked Questions

1. Where does Dr. Rakhi Anand practice?

Dr. Rakhi Anand currently practices at Apollo Hospitals, located in Delhi.

2. Who is Dr. Rakhi Anand?

Dr. Rakhi Anand is a highly experienced Psychologist with 28 years of expertise in the field. She is known for providing exceptional patient care and advanced medical treatments. Her areas of expertise include Acute Diarrhea Treatment, Past Life Regression Therapy. She also treats conditions such as Sexual Disorder Rehabilitation, Sexual Disorders.

3. Why do patients choose Dr. Rakhi Anand?

Patients trust Dr. Rakhi Anand for her expertise, patient-centric approach, and commitment to providing the highest standard of care. She is well-versed in the latest medical advancements and ensures personalized treatment for every patient.

4. What is Dr. Rakhi Anand's specialization?

Dr. Rakhi Anand specializes in Psychology, with expertise in treatments for Acute Diarrhea Treatment, Past Life Regression Therapy.

5. What are Dr. Rakhi Anand's medical qualifications?

Dr. Rakhi Anand holds prestigious qualifications, including Ph.D Clinical Psychology.

6. How many years of experience does Dr. Rakhi Anand have?

Dr. Rakhi Anand has 28 years of experience in the medical field, treating various conditions related to Psychology.

7. How can I book an appointment with Dr. Rakhi Anand?

You can book an appointment with Dr. Rakhi Anand through: Online: Visit <https://www.apollohospitals.com/book-doctor-appointment/> to schedule an appointment.