



Dr Ramani Narasimhan

Fellow - Pediatric Orthopaedic Surgery, MS(Orthopaedic Surgery),
MBBS 28+ Years Experience

Dr Ramani Narasimhan is a top Pediatric Orthopaedician in Delhi at Apollo Hospitals Delhi . Book appointment online with Dr Ramani Narasimhan at Ask Apollo.

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Overview

Dr. Ramani Narasimhan is a distinguished Paediatric Orthopaedic Surgeon based in South Delhi, with an impressive experience of 28 years in the field of orthopaedic surgery. He has dedicated his career to the treatment of musculoskeletal disorders in children, ensuring that his young patients receive the highest level of care. His extensive qualifications include an MBBS degree, an MS in Orthopaedic Surgery, and a fellowship in Paediatric Orthopaedic Surgery, thereby equipping him with the expertise needed to handle complex cases.

As an influential figure in his specialty, Dr. Narasimhan has served as the Ex-President of the Paediatric Orthopaedic Society of India. His dedication and contributions to the field have been recognized through various prestigious awards, including the Exemplary Contribution Award in Paediatric Orthopaedics from the Indian Medical Association and the accolade of Best Orthopaedic Resident, awarded the Dr. BN Sinha Gold Medal by Lucknow University.

Fluent in both English and Hindi, Dr. Narasimhan communicates effectively with a diverse patient demographic, making him easily accessible to families from different backgrounds. His practice is focused

on delivering compassionate care and innovative treatments for children with orthopaedic issues. Parents looking for a knowledgeable and experienced specialist to treat their child's orthopaedic needs will find Dr. Narasimhan to be an exceptional choice.

Experience

- Since Nov 2002 Senior Consultant – Pediatric Orthopaedic Surgery at Indraprastha Apollo Hospitals, New Delhi. Part of both “Apollo Center for Advanced Pediatrics” (ACAP) & Dept. of Orthopaedic Surgery.
- Jan 1999 – Oct 2002 Practicing exclusively “Pediatric Orthopaedics” and managing orthopaedic disorders in patients below 19 years of age.
- Hospital affiliations as ‘Senior Consultant Pediatric Orthopaedic Surgeon’: ? Indraprastha Apollo Hospitals.
- Part of “Apollo Center for Advanced Pediatrics (ACAP)” & Dept. of Orthopaedic Surgery. Managing both Traumatic (acute & chronic) and Non-Traumatic Orthopaedic Disorders in patients below 19 years of age. ? Sir Gangaram Hospital. Part of “Pediatric Super-specialities.” Courtesy affiliation for in-patients only.
- 1997 - 1998 Clinical Fellow Resident in Pediatric Orthopaedics for 12 months under the guidance of Program Director John V Banta MD, at Connecticut Children's Medical Center, Hartford, CT, USA. Involved in working with the 4 members of the faculty by rotation. Management (operative & non-operative) of a caseload consisting of roughly, 35-40% of Spinal deformities (mainly Scoliosis), 25- 30% of Hip/Pelvic problems (mainly as resultant of DDH & CP), 20- 25% of Knee, Foot & Ankle deformities and around 5% of Upper Limb ailments.
- Involved in running weekly Clinics of Scoliosis, CP, Muscle Disease, Foot and Ortho. & a monthly Clinic of Myelomeningocele.
- Attended Pre & Post- Operative Conferences and weekly Grand Rounds involving didactic lectures and in- depth discussions.
- Completed a clinical project - “Effect of Boston Brace on body alignment in patients of Adolescent Idiopathic Scoliosis” as a part of the curriculum to be completed in a year. Successfully completed a case report titled “Congenital Pseudarthrosis of Fibula”.
- 1993-1997 Senior Medical Officer- Orthopaedic Surgery at Central Institute of Orthopaedics (CIO), Safdarjung Hospital (1000 plus bedded), New Delhi.
- Worked as a full time surgeon doing Orthopaedic emergency & Casualty duties, performing both emergency and routine surgeries (traumatic & non- traumatic cases) and ran Orthopaedic Clinics.

- Actively participated in academic discussions and taught Orthopaedic Residents.
- Worked successfully on 2 clinical papers on Orthopaedic Trauma, one on “Intercondylar Fractures of Humerus & its management” and the other on “Ligamentotaxis in comminuted intra-articular fractures of lower-end Radius in Adults.” Both eventually got published in the Journal “Orthopaedic Update.” Ably supported by Dr. KS Rao, Senior Consultant & Director, CIO, Safdarjung Hospital, New Delhi.
- 1992 -1993 Medical Officer - Orthopaedic Surgery after joining the Central Health Service, Govt. of India.
- 1989 - 1991 Full time Resident in the Dept. of Orthopaedic Surgery, King George’s Medical College, Lucknow, India pursuing MS Orthopaedic Surgery course under the direct supervision and professional guidance of Dr. US Misra, MCh. FRCS (L’Pool), Professor & Head, Dept. of Orthopaedic Surgery.
- Did emergency duties, attended ward rounds (morn. & eve.), ran Ortho. Clinics and performed & assisted both routine and emergency surgeries at Gandhi Memorial & associated Hospitals affiliated to KG Medical College.
- Gained experience in the management of Spinal injuries when posted to Traumatic Quadriplegia & Paraplegia Unit.
- Worked on the clinical project on the treatment of Intercondylar Fractures of Humerus & completed it successfully.
- Took active interest in academic discussions and taught Medical School students posted.
- 1988 - 1989 A full time Resident at Patel Chest Institute, Delhi pursuing Diploma in Tuberculosis & Chest Diseases.
- 1987 A full time Resident in the Dept of Ortho. Surgery (House Surgeonship) for 6 mths. at Lok Nayak Jaiprakash Narain (LNJP) Hospital, New Delhi.
- Under supervision of Dr. BK Dhaon MS(Ortho), Professor & Head of the unit. A full time Resident in the Dept. of General Medicine for 6 mths. At LNJP Hospital, New Delhi.
- Under supervision of Dr. DD Kulapathi, Professor & Head, Dept. of Medicine. 1986 (Jan - Dec) Rotating Internship (compulsory) in various clinical disciplines at LNJP, New Delhi (affiliated to Maulana Azad Medical College).

Membership

- Pediatric Orthopaedic Society of India (POSI) – Life member and Ex-Vice President, POSI
- Indian Orthopaedic Association (IOA) – Life member
- Delhi Orthopaedic Association - Life Member

- Secretary, PaediatricOrthopaedic Foundation (POF), a registered society promoting “PaediatricOrthopaedics” in Delhi & NCR
- Association of Spinal Surgeons of India (ASSI) – Life member
- Indian Academy of Cerebral Palsy (IACP) – Life member
- Indian Academy of Pediatrics (IAP) All India - Associate Life Member

Awards

- Mother Teresa Award-2010 from the Orissa Blind association for treating a huge number of cleft lip and palate patients in the smile train charity

Research and Publication

- Presented a scientific paper titled “Focus on Femur or pelvis? Developmental Hip Dislocations in 2-3 year olds” in POSICON 2005 at Vadodara, Gujarat, on 27-30 January, 2005.
- Published as an original article, “Complete Talar Mobilization in Rigid Clubfoot - our Experience” in Apollo Medicine, pg 36, Vol. 1, September 2004.
- Presented a free paper on “Complete Talar Mobilization in Rigid Clubfoot - our Experience” at the 10th Annual Conference of Pediatric Orthopaedic Society of India (21&22 Feb, 2004), in Allahabad, U.P., India.
- Senior author in another free paper “Late presenting Septic Arthritis of Large Joints in Infants – our Experience” which was presented. Presented a free paper on “Modified Cincinnati Incision in Clubfoot” at the 9th Annual Conference of Pediatric Orthopaedic Society of India (16 – 18 Jan, 2003), in Vellore, T.N., India.
- Chaired a plenary session on “Scoliosis” on 17th Jan, 2003, at the 9th Annual Conference of Pediatric Orthopaedic Society of India, in Vellore, T.N., India.
- Contributing to a symposium on Developmental Dysplasia of the Hip (DDH) (article on “Complications of management of DDH”) to be published in the Indian Journal of Orthopaedics in 2003.
- Written a chapter on “Pediatric Orthopaedic Emergencies” in the official textbook/publication of Indian Academy of Pediatrics (IAP) named “Pediatric & Neonatal Emergencies” – updated edition to be released in 2003. Case report titled “Congenital pseudarthrosis of Fibula” published in the International Journal ‘Orthopaedics’ (May, 2001, Vol. 24, No 5).
- Presented the same at 7th Conference of POSI, Madurai, TN, on 2nd March, 2001.

- Presented the same as a paper at the “7th Annual Conference of Pediatric Orthopaedic Society of India (POSI)” in Madurai, TN, India, on March 2nd & 3rd, 2001.
- Original Paper titled – “Effect of Boston Brace on the body alignment in patients of Adolescent Idiopathic Scoliosis.”
- Presented at the “Scoliosis Research Society (SRS)” meeting in San Diego, California, USA, in Sep. 1998.
- Presented a paper titled “ Ligamentotaxis in Intra-articular Fractures of the Lower End Radius in Adults - Our Experience” at the Indian Orthopaedic Association Conference (IOACON) in November 1995 at Pune, India.
- Published in the Indian Edition of Orthopaedic Update in June 1998.
- Presented a paper titled “ Intercondylar Fractures of the Humerus - a comparative evaluation of operative and non-operative treatment” (clinical project during post-graduation-MS) at the Indian Orthopaedic Association Conference (IOACON) in November 1994 at Bangalore, India.
- Published in the Indian Edition of Orthopaedic Update in December 1998.
- Guest lectures delivered: Active participant in both Orthopaedic & Pediatric CMEs at Indraprastha Apollo Hospitals, New Delhi, since 1999. 2005 Delivered a lecture topic “4-8 yr olds” – an orthopaedic focus in a school workshop on child physiology at Salwan Montessori School, Rajender Nagar on 2nd July 2005. 2002 ? “Clubfoot Controversies.”
- Speaker in the meeting of ‘Ghaziabad Orthopaedic Club’ at Ghaziabad, UP, on 23rd August, 2002. ? “Backpain in children & adolescence.”
- Speaker in CME program on ‘Decision Making in Ambulatory Pediatrics’ at Sir Gangaram Hospital on 4th August, 2002. 2000 ? “Deformities in a growing skeleton – approach to management.”
- Speaker in ‘Indian Academy of Pediatricians (IAP) – Gurgaon’ meeting on 29 July, 2000 at Hotel Groovey, Gurgaon, Haryana. ? “Congenital Scoliosis – Approach & Management.”
- Speaker in a Scientific Session organized by ‘Indian Medical Association (IMA) – South Delhi branch (SDB)’ on 24 July, 2000 at Indian Spinal Injury center, Vasant Kunj, New Delhi. 1999 ? “Common Orthopaedic Injuries in Children.”
- Speaker on occasion of 20th annual convention of ‘Indian Medical Association (IMA) – South Delhi branch (SDB)’ on 21st Nov, 1999 at Hotel Surya. ? “Pediatric Orthopaedics to a Pediatrician.”
- Speaker in CME program on ‘Decision Making in Ambulatory Pediatrics’ at Sir Gangaram Hospital on 13th Nov, 1999. ? “Pediatric Orthopaedics – an overview.”
- Speaker at the scientific session conducted jointly by ‘Apollo Center for Advanced Pediatrics (ACAP)’ & IMA – South Delhi branch at Indraprastha Apollo Hospitals on 17th July, 1999. ? “Fracture management in a Growing Skeleton – Points to Ponder.”

- Speaker at 'Ghaziabad Orthopaedic Club annual meeting' in Ghaziabad, UP, in March, 1999.
- Participated in POSICON 2005 at Vadodara, Gujarat, on 27-30 January, 2005 and presented a scientific paper on 'DDH'. ? Attended an interactive workshop on "Brachial Plexus Injuries" conducted by Depts. of Neurosurgery/Pediatric Neurosurgery/Plastic Surgery of Sir Gangaram Hospital, New Delhi on 23rd December, 2004.
- Attended a "Free Medical Camp" of Pediatric Super-specialities, in Jullandar, Punjab, as a part of a team of Pediatric Superspecialists from Indraprastha Apollo Hospitals, New Delhi, in November 2004.
- Attended a "Free Medical Camp" of Pediatric Super-specialities, in Yamuna Nagar, Haryana, India, as a part of a team of Pediatric Superspecialists from Indraprastha Apollo Hospitals, New Delhi on 22 August, 2004. ?
- Attended the 10th Annual Conference of Pediatric Orthopaedic Society of India (POSICON 2004, 21 & 22 Feb, 2004), in Allahabad, U.P., India.
- Presented a paper on "Clubfoot" and was the senior author of the paper presented on "Septic Arthritis of Large Joints in Infants"
- Attended an interactive workshop on "Spinal Deformities" during the 10th POSICON-2004 at Allahabad, U.P., India, on 20th Feb, 2004.
- Attended the 9th Annual Conference of Pediatric Orthopaedic Society of India (POSICON 2003, 16 – 18 Jan, 2003), in Vellore, T.N., India.
- Presented a free paper on "Clubfoot" and chaired a session on "Scoliosis"
- Organizing Secretary (Joint) for POSICON-2002, the 8th annual conference of Pediatric Orthopaedic Society of India, held in New Delhi (for the 1st time) on 23rd & 24th March 2002.
- Organized a successful workshop on "Pediatric Spine" on 22nd March, 2002, at Indraprastha Hospitals, New Delhi.
- This was as a part of POSICON-2002 held in March 2002 in New Delhi. It included renowned international & national faculty who helped out in didactic lectures, video session of surgery done a day before, hands-on workshop on spinal models using segmental (CD) instrumentation.
- Attended the Workshop on 'Orthofix' as a part of the "7th Annual Conference of Pediatric Orthopaedic Society of India (POSI)" in Madurai, TN, India, on March 1st, 2001.
- Was an active member of the Earthquake Relief Team from Indraprastha Apollo Hospitals, New Delhi, to manage the patients of Orthopaedic trauma in Bachao & Patan District, Gujarat, India, in January, 2001.
- Attended the "6th Annual Conference of Pediatric Orthopaedic Society of India (POSI)" in Mumbai, India, in March 2000. Also attended the workshop on "Spinal Instrumentation" held during this conference.

- Attended the “Indo – Italian Conference on Spinal Surgery & Clinical Management” in collaboration with Hospital San Raffaele – Milan, Italy & under aegis of Delhi Orthopaedic Association on 22nd – 23rd January, 2000 at Indian Spinal Injuries Center, Vasant Kunj, New Delhi.
- Participated in CME in “The Management of Cerebral Palsy – The team approach to improving function” on May 15, 1998 in Rocky Hill, CT. Certificate of accomplishment awarded by the University of Connecticut School of Medicine, USA.
- Attended the 65th Annual Conference of American Academy of Orthopaedic Surgeons (AAOS) at New Orleans, USA, from March 19-23, 1998.
- Attended the Speciality Day Meeting of Pediatric Orthopaedic Society of North America (POSNA) on March 22, 1998.
- Attended the AO basic course in March, 1997 at New Delhi.
- Attended the “2nd International Course on Spinal Surgery and Workshop on Spinal Fixation Systems” at Coimbatore, India, in Jan, 1996.
- Attended CME on “Infections of Bones and Joints” of IOACON '95 at Pune, India.
- Participated in Symposium and Workshop on Ilizarov Technique - A Comprehensive Course, held at Dr.RML Hospital, New Delhi, in August 1995.
- Attended the Second IOA Instructional Course on “Hip Disorders” at the All India Institute of Medical Sciences, New Delhi, in April 1995.
- Attended the Arthroscopic Society meeting as a part of the Scientific Program of IOACON - 94 at Bangalore, India, in November 1994.
- Participated in the Workshop on Total Knee Replacement at CIO, Safdar Jung Hospital, New Delhi, India, in October 1993.
- Was an active member of the Orthopaedic Relief Team from the Center (New Delhi) to manage the Earthquake victims in Latur, Maharashtra, India, in October 1993.

Frequently Asked Questions

1. Where does Dr. Ramani Narasimhan practice?

Dr. Ramani Narasimhan is a physician at Apollo Hospitals, Delhi. This hospital is a leading healthcare facility offering comprehensive medical services.

2. Who is Dr. Ramani Narasimhan?

Dr Ramani Narasimhan is a renowned Pediatric Orthopaedic Surgeon with over 28 years of experience. He practices in Delhi at Apollo Hospitals Delhi. Dr Ramani Narasimhan holds a degree in

Fellow - Pediatric Orthopaedic Surgery, MS(Orthopaedic Surgery), MBBS. He provides treatments including Pelvis Fracture Treatment Management, Sports Injury Treatment Management, Regenerative Therapy For Joints. He specializes in treating conditions like Carpal Tunnel Syndrome, Sports Injury, Sports Injury Evaluation And Rehabilitation.

3. What is Dr. Ramani Narasimhan's specialization?

Dr Ramani Narasimhan specializes in Pediatric Orthopaedic Surgeon. He has expertise in treating conditions such as Carpal Tunnel Syndrome, Sports Injury, Sports Injury Evaluation And Rehabilitation. His key treatments include Pelvis Fracture Treatment Management, Sports Injury Treatment Management, Regenerative Therapy For Joints.

4. What are Dr. Ramani Narasimhan's medical qualifications?

Dr Ramani Narasimhan holds Fellow - Pediatric Orthopaedic Surgery, MS(Orthopaedic Surgery), MBBS, reflecting his comprehensive education in the field of Pediatric Orthopaedic Surgeon.

5. How many years of experience does Dr. Ramani Narasimhan have?

Dr. Ramani Narasimhan possesses 38 years of experience in the medical field.

6. Who is an Orthopedist?

An orthopedist is a physician specializing in the diagnosis and treatment of musculoskeletal disorders. They address conditions affecting bones, muscles, joints, and ligaments, including arthritis, back pain, sports injuries, and leg/foot pain. Orthopedic care encompasses the skeletal system's comprehensive health.

7. What is the difference between an Orthopedist and an Orthopedic Surgeon?

Orthopedists manage musculoskeletal system conditions, offering pre- and post-surgical care. Orthopedic surgeons provide identical care but also perform surgical procedures for conditions such as back pain, disc herniation, bone tumors, carpal tunnel syndrome, and arthritis.

8. Does an Orthopedist treat foot and ankle problems?

Yes, orthopedists specialize in musculoskeletal conditions, including foot and ankle issues. They treat various problems such as bunions, ankle sprains, arthritis, and sports injuries. Diagnosis often involves imaging tests, and treatment approaches vary depending on the severity.

9. Do I need a referral to see an Orthopedic doctor?

Appointments with orthopedic specialists can be booked directly. Consultations typically occur at the doctor's clinic or a healthcare facility. However, a general physician referral may be necessary following initial evaluation of musculoskeletal issues.

10. Does an Orthopedic Doctor Treat Sports Injuries?

Yes, orthopedic specialists are qualified to treat sports injuries. These injuries, such as ligament tears, sprains, fractures, muscle pulls, and bruises, commonly affect the musculoskeletal system. An orthopedist will conduct a physical examination and may order imaging tests (like X-rays or MRIs) to diagnose the injury's severity before recommending appropriate treatment. Orthopedic care is crucial for effective sports injury management and recovery.