



## Dr Remesh Kumar R

MBBS, MD, F.I.A.P 25+ Years Experience

Dr Remesh Kumar R is a top Pediatrician in Cochin at Apollo Adlux Hospital . Book appointment online with Dr Remesh Kumar R at Ask Apollo.

Hospitals

Apollo Adlux Hospital,

Doctor's Working Weekdays Mon - Sun Doctor's Working Hours 09:15 -16:30 C

Call Now



**Book Appointment** 

## **Overview**

Dr. Remesh Kumar R is a highly experienced paediatrician based in Ernakulam, Kerala, with an impressive 25 years of expertise in the field of child healthcare. He holds a prestigious MBBS and MD degree, along with a Fellowship from the Indian Academy of Paediatrics (F.I.A.P), reflecting his commitment to providing exceptional medical care to children. Known for his compassionate and patient-centered approach, Dr. Kumar is dedicated to the physical and emotional well-being of his young patients, ensuring they receive the best treatments tailored to their individual needs. Fluent in English, he effectively communicates with both children and their guardians, fostering a supportive environment during consultations. As part of the Apollo Healthcare network, Dr. Kumar utilizes state-of-the-art medical facilities and up-to-date practices in paediatrics to deliver high-quality care. His extensive experience allows him to navigate complex health issues while promoting preventive care and healthy lifestyle choices. Dr. Remesh Kumar R is not just a skilled physician; he is a trusted partner in the health of children, striving to make a positive impact on families in the community. Whether addressing routine check-ups or specific health concerns, parents can rely on his expertise and dedication to nurture the next

generation.

# **Experience**

- Coordinator & Trainer for Navajatha Shishu Suraksha Karyakram ( NSSK ) Workshops of Ministry of Health & Family Welfare
- Faculty for Safe Injection Practice & Family Life Education Programs
- SENIOR CONSULTANT & CHIEF OF DEPT OF PEDIATRICS in N.S.S. Medical Mission Hospital,
   Pandalam (18 Years)
- JUNIOR CONSULTANT in N.S.S. Medical Mission Hospital, Pandalam (Post MD) (5 years)
- Post MBBS :2 years in N.S.S.Medical Mission Hospital, Pandalam, Pathanamthitta Dist., Kerala

# **Membership**

#### **Certifications:**

- FIAP: Fellow of Indian Academy of Pediatrics 2011
- Diplomate of Pediatric Enironmental Health, International Pediatric Association . Melbourne 2013
- Master Trainer for Asthma Training Module( ATM ), Allergic Rhinitis & Co morbidities Training Module
   (ARCTM ), Science of Vaccinology ( SOV ), Problem Solving in Pediatric Infectious Diseases ( PSPID )
   and many other Modules of Indian Academy of Pediatrics

#### Memberships:

- Indian Academy of Paediatrics
- National Neonatology Forum
- Indian Medical Association
- Public Health Foundation of India

## **Awards**

- Performed world's first Modified Branch-first open Thoracoabdominal aortic repair for complex aortic aneurysm in UAE.
- First surgeon to hold double super speciality degrees in both Vascular surgery and Cardiothoracic surgery in India.

 Comprehensively trained in both open heart surgeries and minimally invasive endovascular cardiac and aortic procedures.

## **Research and Publication**

- Chapter on "Impact of Media" in IAP Undergraduate Text book of Pediatrics 2018
- Chapter on 'Diagnosis of Allergic Disorders "in IAP Textbook of Tropical Pediatrics
- Article in Indian Journal of Pediatrics "Children Deserve Smoke Free World" (published by Springer
   ) Mar 2018
- Chief Editor of 'Pediatric Companion', the official journal of IAP Kerala 2011-2014
- Chief Editor of "ENriCH", the official publication from Environment & Child Health Group 2011-2016
- Editor of IAP Textbook on Rational Antibiotic Practices 2019
- Associate Editor of MACPI Textbook (Management Algorithms in?Common Pediatric Illnesses) ) by Jaypee Brothers 2014
- Assoc. Editor of Practical Pediatric Digest by Jaypee Brothers 2016
- Assoc. Editor of Partha's 101 Clinical Pearls in Pediatrics 2017

### **Major Faculty Involvements:**

- Faculty at ASEAN Pediatric Congress at Penang, Malayasia in 2015
- Faculty at UAE Pediatric Update held in October every year at Sharjah
- Master Trainer & Faculty for about 8 Academic Modules of Indian Academy of Pediatrics
- Master Trainer for 2 programs by Govt of India (RNTCP & NSSK)
- Regular Faculty & Guest Speaker at National Conference of Indian Academy of Pediatrics & other
   National level Pediatric Conferences since 2010

# **Frequently Asked Questions**

#### 1. Who is Dr. Remesh Kumar R?

Dr Remesh Kumar R is a renowned Paediatrician with over 25 years of experience. He practices in Cochin at Apollo Adlux Hospital. Dr Remesh Kumar R holds a degree in MBBS, MD, F.I.A.P. He provides treatments including Pediatric Physical Therapy, Thyroid Disorder Treatment, Congenital Disorders Evaluation Treatment. He specializes in treating conditions like Sudden Infant Death Syndrome, Rubinstein Taybi Syndrome, Zellweger Syndrome.

## 2. Why do patients choose Dr. Remesh Kumar R?

Dr. Remesh Kumar R is sought after for expertise in Newborn Care, Infectious Disease Treatment, and Pediatric Health Checkups. For further details, please refer to his professional profile.

### 3. What is Dr. Remesh Kumar R's specialization?

Dr Remesh Kumar R specializes in Pediatrics. He has expertise in treating conditions such as Sudden Infant Death Syndrome, Rubinstein Taybi Syndrome, Zellweger Syndrome. His key treatments include Pediatric Physical Therapy, Thyroid Disorder Treatment, Congenital Disorders Evaluation Treatment.

### 4. What are Dr. Remesh Kumar R's medical qualifications?

Dr Remesh Kumar R holds MBBS, MD, F.I.A.P, reflecting his comprehensive education in the field of Pediatrics.

### 5. How many years of experience does Dr. Remesh Kumar R have?

Dr. Remesh Kumar R possesses 29 years of experience in the medical field. His extensive experience makes him a highly qualified pediatrician.