



## Dr Saptarshi Bhattacharya

Dr. DM Endocrinology (AIIMS, New Delhi) MD Medicine (MAMC, New Delhi) MBBS (Kolkata Medical College) 15+ Years Experience

Dr Saptarshi Bhattacharya is a top Endocrinologist in Delhi at Apollo Hospitals Delhi, Apollo Hospitals Noida . Book appointment online with Dr Saptarshi Bhattacharya at Ask Apollo.

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## Overview

Dr. Saptarshi Bhattacharya is a highly qualified and experienced endocrinologist based in South Delhi, Delhi. With 15 years of dedicated practice in the field, he has garnered a wealth of knowledge and expertise in diagnosing and treating various endocrine disorders. Dr. Bhattacharya holds an impressive educational background, including an MBBS, MD, and DM in Endocrinology from the prestigious All India Institute of Medical Sciences (AIIMS) in New Delhi. He is also a Fellow of the American College of Endocrinology (FACE), which highlights his commitment to maintaining high standards in patient care. In recognition of his contributions to the field, Dr. Bhattacharya has received the Specialty Certificate in Endocrinology from the Royal College of Physicians, UK, underscoring his proficiency and authority in this specialized area of medicine. He is fluent in multiple languages, including English, Hindi, and Bengali, which allows him to effectively communicate and connect with a diverse range of patients. As an exclusive partner in endocrinology, Dr. Bhattacharya is dedicated to providing personalized care tailored to the unique health needs of each patient. His approach involves not only treating endocrine imbalances but also educating patients on lifestyle modifications and preventive measures to enhance

their overall well-being. With a compassionate demeanor and a thorough understanding of complex endocrine disorders, Dr. Saptarshi Bhattacharya is committed to helping patients achieve optimal health and quality of life.

## Experience

1. Senior Consultant & Head, Department of Endocrinology, Max Hospital Patparganj – 2011 to 2021
2. Director, eHealth Diabetes & Endocrinology Center (eDEC), Noida - 2019 till date
3. Consultant, Endocrinology, Max Hospital, Noida 2011-2014

## Membership

### Certifications

Specialty Certificate, Endocrinology, Royal College of Physicians, UK

### Memberships

Top 3

1. Endocrine Society
2. American Association of Clinical Endocrinologists
3. Endocrine Society of India

More

1. American Diabetes Association
2. Indian Society of Bone and Mineral Research
3. Indian Society for Pediatric and Adolescent Endocrinology

## Research and Publication

## Top 5

1. Bhattacharya S, Ammini AC, Jyotsna V, Gupta N, Dwivedi S. Recovery of  $\beta$ -cell functions with low-dose insulin therapy: study in newly diagnosed type 2 diabetes mellitus patients. *Diabetes Technol Ther.* 2011;13:461-465
2. Ammini AC, Bhattacharya S, Sahoo JP, Philip J, Tandon N, Goswami R, Jyotsna VJ, Khadgawat R, Chumber S, Seth A, Karak AK, Sharma BS, Chandra PS, Suri A, Sharma MS, Kale SS, Singh M. Cushing's disease: results of treatment and factors affecting outcome. *Hormones (Athens).* 2011;10:222-229.
3. Bhattacharya S, Kalra S, Kapoor N, Singla R, Dutta D, Aggarwal S, Khandelwal D, Surana V, Dhingra A, Kantroo V, Chittawar S, Deka N, Bindal V, Dutta P. Expert opinion on the preoperative medical optimization of adults with diabetes undergoing metabolic surgery. *World J Diabetes* 2021; 12(10): 1587-1621 [DOI: 10.4239/wjd.v12.i10.1587]
4. Bhattacharya S, Nagendra L, Krishnamurthy A, Lakhani OJ, Kapoor N, Kalra B, Kalra S. Early Gestational Diabetes Mellitus: Diagnostic Strategies and Clinical Implications. *Med Sci.* 2021; 9(4):59. <https://doi.org/10.3390/medsci9040059>
5. Bhattacharya S, Kubihal S, Tyagi P. Fungi and Endocrine Dysfunction. In: Feingold KR, Anawalt B, Boyce A, et al., eds. *Endotext*. South Dartmouth (MA): MDTText.com, Inc.; June 25, 2021.

## More

1. Kalra S, Bantwal G, Kapoor N, Sahay R, Bhattacharya S, Anne B, Gopal RA, Kota S, Kumar A, Joshi A, Sanyal D, Tiwaskar M, Das AK. Quantifying Remission Probability in Type 2 Diabetes Mellitus. *Clin Pract.* 2021. 9;11(4):850-859. doi: 10.3390/clinpract11040100.
2. Kalra S, Bhattacharya S, Kapoor N. Contemporary Classification of Glucagon-Like Peptide 1 Receptor Agonists (GLP1RAs). *Diabetes Ther.* 2021 Jul 15. doi: 10.1007/s13300-021-01113-y. Epub ahead of print. PMID: 34268675.
3. Kalra S, Bhattacharya S, Rawal P. Hepatocrinology. *Med Sci (Basel).* 2021 Jun 1;9(2):39. doi: 10.3390/medsci9020039.
4. Kapoor N, Sahay R, Kalra S, Bajaj S, Dasgupta A, Shrestha D, Dhakal G, Tiwaskar M, Sahay M, Somasundaram N, Reddy R, Bhattacharya S, Reddy VB, Viswanathan V, Krishnan D, Baruah M, Das AK. Consensus on Medical Nutrition Therapy for Diabetes (CoMeND) in Adults: A South Asian Perspective. *Diabetes Metab Syndr Obes.* 2021;14:1703-1728. DOI: 10.2147/DMSO.S278928
5. Kalra S, Dhingra A, Sharma SK, Bhattacharya S. Sheehan's syndrome as a mimic of premature ovarian insufficiency: need for advocacy, *Climacteric*, 2021. DOI: 10.1080/13697137.2021.1905626

6. Dutta D, Bhattacharya S, Sharma M. et al. Effect of yoga on glycemia and lipid parameters in type-2 diabetes: a meta-analysis. *J Diabetes Metab Disord*. 2021. DOI: 10.1007/s40200-021-00751-0
7. Kalra S, Kapoor N, Bhattacharya S, Aydin H, Coetzee A. *Barocrinology: The Endocrinology of Obesity from Bench to Bedside*. Med. Sci. 2020, 8, 51.
8. Dutta D, Bhattacharya S, Krishnamurthy A, Sharma LK, Sharma M. Efficacy and safety of novel dipeptidyl-peptidase-4 inhibitor evogliptin in the management of type 2 diabetes mellitus: A meta-analysis. *Indian J Endocr Metab* 2020;24:434-45.
9. Dutta D, Bhattacharya S, Surana V, Aggarwal S, Singla R, Khandelwal D, Sharma M. Efficacy and safety of saroglitazar in managing hypertriglyceridemia in type-2 diabetes: A meta-analysis. *Diabetes Metab Syndr*. 2020 Sep 6;14(6):1759-1768. doi: 10.1016/j.dsx.2020.08.039. Epub ahead of print. PMID: 32937280.
10. Kalra S, Bhattacharya S, Kalhan A. Testosterone in COVID-19 - Foe, Friend or Fatal Victim? *Eur Endocrinol*. 2020 Oct;16(2):88-91. doi: 10.17925/EE.2020.16.2.88. Epub 2020 Oct 6. PMID: 33117437; PMCID: PMC7572157.
11. Krishnamurthy A, Bhattacharya S, Lathia T, Kantroo V, Kalra S, Dutta D. Anticancer Medications and Sodium Dysmetabolism. *Eur Endocrinol*. 2020 Oct;16(2):122-130. doi: 10.17925/EE.2020.16.2.122. Epub 2020 Oct 6. PMID: 33117443; PMCID: PMC7572166.
12. Bhattacharya S, Krishnamurthy A, Gopalakrishnan M, Kalra S, Kantroo V, Aggarwal S, Surana V. Endocrine and Metabolic Manifestations of Snakebite Envenoming. *Am J Trop Med Hyg*. 2020 Oct;103(4):1388-1396. doi: 10.4269/ajtmh.20-0161. PMID:32602439; PMCID: PMC7543852.
14. Kalra S, Bhattacharya S, Joshi A. *Osteocrinology*. *Osteoporos Int*. 2020.  
<https://doi.org/10.1007/s00198-020-05288-1>
15. Dutta D, Sharma M, Aggarwal S, Mohindra R, Bhattacharya S, Kalra S. Vitamin D, thyroid autoimmunity and cancer: An interplay of different factors. *Indian J Endocr Metab* 2019;23:507-13
16. Bhattacharya S, Kalra S, Dutta D, Khandelwal D, Singla R. The Interplay Between Pituitary Health and Diabetes Mellitus - The Need for 'Hypophyseal-Vigilance'. *Eur Endocrinol*. 2020;16(1):25-31. doi:10.17925/EE.2020.16.1.25
17. Kalra S, Das AK, Sahay RK, Baruah MP, Tiwaskar M, Das S, Chatterjee S, Saboo B, Bantwal G, Bhattacharya S, et al. Consensus Recommendations on GLP-1 RA Use in the Management of Type 2 Diabetes Mellitus: South Asian Task Force. *Diabetes Ther*. 2019 Jul 29. doi: 10.1007/s13300-019-0669-4.
18. Chittawar S, Bhattacharya S, Sahoo J P, et al. Internal jugular vein: Peripheral vein adrenocorticotrophic hormone ratio in patients with adrenocorticotrophic hormone- dependent Cushing's syndrome: Ratio calculated from one adrenocorticotrophic hormone sample each from right and left

internal jugular vein during corticotrophin releasing hormone stimulation test. Indian J Endocrinol Metab. 2013;17:128-32

19. Khandelwal D, Bhattacharya S, Khadgawat R, Kaur S, Tandon N, Ammini AC. Hypokalemic paralysis as a presenting manifestation of primary Sjögren's syndrome: A report of two cases. Indian J Endocr Metab 2012;16:853-5

## Frequently Asked Questions

### 1. Where does Dr. Saptarshi Bhattacharya practice?

Dr. Saptarshi Bhattacharya currently practices at Apollo Hospitals, located in Delhi.

### 2. Who is Dr. Saptarshi Bhattacharya?

Dr. Saptarshi Bhattacharya is a highly experienced Endocrinologist with 15 years of expertise in the field. He is known for providing exceptional patient care and advanced medical treatments. His areas of expertise include Type 1 Diabetes Treatment. He also treats conditions such as Parathyroid Diseases, pituitary-diseases.

### 3. Why do patients choose Dr. Saptarshi Bhattacharya?

Patients trust Dr. Saptarshi Bhattacharya for his expertise, patient-centric approach, and commitment to providing the highest standard of care. He is well-versed in the latest medical advancements and ensures personalized treatment for every patient.

### 4. What is Dr. Saptarshi Bhattacharya's specialization?

Dr. Saptarshi Bhattacharya specializes in Endocrinology, with expertise in treatments for Type 1 Diabetes Treatment.

### 5. What are Dr. Saptarshi Bhattacharya's medical qualifications?

Dr. Saptarshi Bhattacharya holds prestigious qualifications, including Dr. DM Endocrinology (AIIMS, New Delhi) MD Medicine (MAMC, New Delhi) MBBS (Kolkata Medical College).

### 6. How many years of experience does Dr. Saptarshi Bhattacharya have?

Dr. Saptarshi Bhattacharya has 15 years of experience in the medical field, treating various conditions related to Endocrinology.

## 7. How can I book an appointment with Dr. Saptarshi Bhattacharya?

You can book an appointment with Dr. Saptarshi Bhattacharya through: Online: Visit <https://www.apollohospitals.com/book-doctor-appointment/> to schedule an appointment.