



## Dr Shobnam Ahmed

MA, M. Phil, Clinical Psychology 8+ Years Experience


Dr Shobnam Ahmed is a top Clinical Psychologist in Guwahati at Apollo Excelcare Hospital . Book appointment online with Dr Shobnam Ahmed at Ask Apollo.


### Hospitals

Apollo Excelcare, Guwahati ,

Doctor's Working  
Weekdays  
Mon - Sat

Doctor's Working  
Hours  
10:00 -17:00

  
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Book Appointment

## Overview

Dr. Shobnam Ahmed is a highly qualified Clinical Psychologist with over 8 years of experience in the field. Based in Guwahati, Assam, he holds an MA and an M.Phil in Clinical Psychology, showcasing his advanced knowledge and expertise. As a dedicated professional, Dr. Ahmed specializes in providing therapeutic interventions for various mental health issues, guiding his patients towards emotional well-being and personal growth. He is fluent in multiple languages, including English, Hindi, and Assamese, allowing him to communicate effectively with a diverse range of patients.

Dr. Ahmed is affiliated with Apollo, a renowned healthcare network, contributing his skills to a multidisciplinary approach to health care. His commitment to improving mental health is evident through his compassionate approach to patient care. With a focus on evidence-based practices, he tailors his treatment plans to meet the unique needs of each individual, ensuring they receive the most effective care possible. Whether dealing with anxiety, depression, or other psychological challenges, Dr. Shobnam Ahmed is dedicated to fostering resilience and empowering his patients on their journey to recovery.

## Frequently Asked Questions

## **1. Where does Dr. Shobnam Ahmed practice?**

Dr. Shobnam Ahmed currently practices at Apollo Excelcare Hospital, located in Guwahati.

## **2. Who is Dr. Shobnam Ahmed?**

Dr. Shobnam Ahmed is a highly experienced Clinical Psychologist with 8 years of expertise in the field. He is known for providing exceptional patient care and advanced medical treatments.

## **3. Why do patients choose Dr. Shobnam Ahmed?**

Patients trust Dr. Shobnam Ahmed for his expertise, patient-centric approach, and commitment to providing the highest standard of care. He is well-versed in the latest medical advancements and ensures personalized treatment for every patient.

## **4. What is Dr. Shobnam Ahmed's specialization?**

Dr. Shobnam Ahmed specializes in Clinical Psychology, with expertise in Cognitive Behavioral Therapy (CBT), Psychodynamic Therapy, Mindfulness-Based Therapy, Exposure Therapy, Stress Management.

## **5. What are Dr. Shobnam Ahmed's medical qualifications?**

Dr. Shobnam Ahmed holds prestigious qualifications, including MA, M. Phil, Clinical Psychology.

## **6. How many years of experience does Dr. Shobnam Ahmed have?**

Dr. Shobnam Ahmed has 8 years of experience in the medical field, treating various conditions related to Clinical Psychology.

## **7. How can I book an appointment with Dr. Shobnam Ahmed?**

You can book an appointment with Dr. Shobnam Ahmed through: Online: Visit

[<https://www.apollohospitals.com/book-doctor-appointment/>](<https://www.apollohospitals.com/book-doctor-appointment/>) to schedule an appointment.