



Dr Shobha Krishna

MBBS, MRCPsych 17+ Years Experience

Dr Shobha Krishna is a top Psychiatrist in Bangalore at Apollo Hospitals Bannerghatta Road, Apollo Speciality Hospitals Jayanagar Bangalore . Book appointment online with Dr Shobha Krishna at Ask Apollo.

Hospitals

Apollo Hospitals, Bannerghatta Road ,

Doctor's Working
Weekdays
Mon - Fri

Doctor's Working
Hours
10:00 -13:00



Call Now



Book Appointment

Overview

Dr. Shobha Krishna is a seasoned psychiatrist based in Bangalore, Karnataka, boasting an impressive 17 years of experience in the field of mental health. She holds an MBBS and a membership in the Royal College of Psychiatrists (MRCPsych), equipping her with a robust educational foundation and clinical expertise. Dr. Krishna is dedicated to providing compassionate and comprehensive care to her patients, focusing on understanding their unique needs and facilitating their journey toward mental wellness. Fluent in multiple languages including English, Hindi, Telugu, Tamil, and Kannada, she effectively communicates with a diverse range of patients, ensuring that language barriers do not impede the quality of care. Her practice is grounded in the principles of empathy and respect, and she is committed to staying informed about the latest advancements in psychiatry to deliver evidence-based treatments. As part of the Apollo network, Dr. Krishna is part of a reputable institution that prioritizes patient care and progressive healthcare solutions. Whether addressing anxiety, depression, or more complex psychiatric conditions, she utilizes a holistic approach to treatment, incorporating both medication management and therapeutic interventions. Patients appreciate her approachable demeanor and expertise, making her a trusted figure

in the Bangalore psychiatry community.

Experience

- Consultant Psychiatrist at Apollo Hospitals Bannerghatta Bengaluru since last Assignment
- Have been involved in treating international and corporate sector clientele with stress related problems, psychiatric illnesses secondary to physical and mental health problems, both in person and online consultations (Telepsychiatry)
- Have been part of a team involved in Rehabilitation of clients with chronic mental illness, substance abuse
- Have been involved in teaching Family Medicine DNB Students.
- Post graduate Psychology students

Membership

KMC

Royal College of Psychiatrists, London, United Kingdom

Research and Publication

- A study on Socio Demographic Profile of patients with Major Depressive Disorder in India.
- Hodgson R, Belgamwar M & Krishna S. (2006) Where's my stethoscope? Psychiatrists access to medical equipment. Progress in Neurology and Psychiatry,

Frequently Asked Questions

1. Where does Dr. Shobha Krishna practice?

Dr. Shobha Krishna consults at Apollo Hospitals, Bannerghatta Road. These hospitals offer comprehensive healthcare services and advanced medical expertise.

2. Who is Dr. Shobha Krishna?

Dr Shobha Krishna is a renowned Psychiatrist with over 17 years of experience. She practices in Bangalore at Apollo Hospitals Bannerghatta Road. Dr Shobha Krishna holds a degree in MBBS, MRCPsych. She provides treatments including Personality Disorder Treatment, Remedial And Psychotherapy, Relaxing Treatments. She specializes in treating conditions like Eating disorders, Mood disorders, Post traumatic stress disorder.

3. Why do patients choose Dr. Shobha Krishna?

Dr. Shobha Krishna is sought after by patients for expertise in Anger Management, Adult Psychotherapy, and Cognitive Behavioral Therapy (CBT).

4. What is Dr. Shobha Krishna's specialization?

Dr Shobha Krishna specializes in Psychiatry. She has expertise in treating conditions such as Eating disorders, Mood disorders, Post traumatic stress disorder. Her key treatments include Personality Disorder Treatment, Remedial And Psychotherapy, Relaxing Treatments.

5. What are Dr. Shobha Krishna's medical qualifications?

Dr Shobha Krishna holds MBBS, MRCPsych, reflecting her comprehensive education in the field of Psychiatry.

6. How many years of experience does Dr. Shobha Krishna have?

Dr. Shobha Krishna has 17 years of experience in the medical field.

7. What is patient feedback on Dr. Shobha Krishna?

Dr. Shobha Krishna has received positive feedback from 215 patients, including 69 detailed patient stories. These testimonials highlight her expertise and patient care.

8. Who is a Psychiatrist?

A psychiatrist is a medical doctor specializing in mental health. They provide comprehensive care for mental, emotional, and addictive disorders, encompassing prevention, diagnosis, and treatment of conditions such as anxiety, depression, psychosis, substance abuse, sexual dysfunction, and developmental disabilities.

9. Is a Psychiatrist different from a Psychologist?

Psychiatrists and psychologists are distinct healthcare professionals. Psychologists hold doctoral degrees (Ph.D. or PsyD) in clinical psychology, focusing on mental health assessment and therapy.

Psychiatrists are medical doctors (MDs) specializing in the diagnosis, treatment, and prevention of mental illnesses, often prescribing medication.

10. When should I consult a psychiatrist?

Psychiatrists treat mental, emotional, and behavioral health issues. Consult a psychiatrist for mental disorders such as anxiety, depression, schizophrenia, bipolar disorder, or significant unexplained behavioral changes. Psychiatric care is also crucial for mental or emotional problems stemming from substance abuse.