



## Dr Sugami Ramesh

MA (Clinical Psy), B Ed, MHRM, MSCP 35+ Years Experience

Dr Sugami Ramesh is a top Clinical Psychologist in Bangalore at Apollo Hospitals Bannerghatta Road . Book appointment online with Dr Sugami Ramesh at Ask Apollo.

### Hospitals

Apollo Hospitals, Bannerghatta Road ,

Doctor's Working  
Weekdays  
Mon - Sat

Doctor's Working  
Hours  
14:00 -16:00



Call Now



Book Appointment

## Overview

Dr. Sugami Ramesh is a highly experienced psychologist based in Bangalore, Karnataka, with a commendable 35 years in the field of clinical psychology. She holds an impressive academic background with qualifications that include a Master's in Clinical Psychology (MA), a Bachelor's in Education (BEd), a Master's in Human Resource Management (MHRM), and a Master's in Supervision and Coaching in Psychology (MSCP). This diverse educational foundation enables her to address a wide range of psychological issues with expertise and compassion. Fluent in English, Hindi, and Kannada, Dr. Ramesh is well-equipped to cater to a diverse patient demographic, ensuring effective communication and understanding.

As a specialist in psychology, she is adept at employing evidence-based treatments to help individuals navigate their mental health challenges, be it anxiety, depression, stress management, or relationship issues. Her compassionate approach fosters a safe space for patients to explore their thoughts and feelings, promoting healing and personal growth.

In recognition of her significant contributions to the field, Dr. Ramesh is associated with APOLLO, a renowned health institution known for its commitment to quality care. Her dedication to patient wellbeing and her extensive experience position her as a trusted advocate for mental health in the community. Whether you're seeking guidance for a specific issue or looking to improve your overall mental health, Dr. Sugami Ramesh is committed to supporting you on your journey toward wellness.

## Experience

- Child psychology, including developmental and educational psychology in children,
- Has Worked for about two decades as a teacher & counseled children in several schools around India.
- Working in Apollo Hospitals since last Assignment
- Child psychology, including developmental and educational psychology in children, Has Worked for about two decades as a teacher & counseled children in several schools around India.
- Women's and child counseling, Has regularly interacted with families of the Defence person's families, during her husband's career in army.
- Software employees counseling on personal and job issues.
- Counseling for the mentally challenged. Currently working as volunteer counselor at 'Vishwas' an organization that offers free counseling to mentally challenged individuals for the past 6 years.
- trained to do psychological assessments.under experience.

## Research and Publication

Authored several articles in leading newspapers and magazines. Article from ET Anti-burnout measures: Companies provide staff counselling, sabbaticals & no fancy targets. Written an article to parent circle magazine. Trained in holistic approach in stress management. Presented several talks on different psychological aspects.

## Frequently Asked Questions

### 1. Where does Dr. Sugami Ramesh practice?

Dr. Sugami Ramesh currently practices at Apollo Hospitals Bannerghatta Road, located in Bangalore.

### 2. Who is Dr. Sugami Ramesh?

Dr. Sugami Ramesh is a highly experienced Clinical Psychologist with 35 years of expertise in the field. She is known for providing exceptional patient care and advanced medical treatments.

### **3. Why do patients choose Dr. Sugami Ramesh?**

Patients trust Dr. Sugami Ramesh for her expertise, patient-centric approach, and commitment to providing the highest standard of care. She is well-versed in the latest medical advancements and ensures personalized treatment for every patient.

### **4. What is Dr. Sugami Ramesh's specialization?**

Dr. Sugami Ramesh specializes in Clinical Psychology, with expertise in Past Life Regression Therapy, Pranic Psychotherapy, Psychotherapy For Couples, Psychotherapy Adult, Sensory Integration Therapy, Sex Therapy, Sexual Therapy, Stress Treatment.

### **5. What are Dr. Sugami Ramesh's medical qualifications?**

Dr. Sugami Ramesh holds prestigious qualifications, including MA (Clinical Psy), B Ed, MHRM, MSCP.

### **6. How many years of experience does Dr. Sugami Ramesh have?**

Dr. Sugami Ramesh has 35 years of experience in the medical field, treating various conditions related to Clinical Psychology.

### **7. How can I book an appointment with Dr. Sugami Ramesh?**

You can book an appointment with Dr. Sugami Ramesh through: Online: Visit

[<https://www.apollohospitals.com/book-doctor-appointment/>](<https://www.apollohospitals.com/book-doctor-appointment/>) to schedule an appointment.