



## Dr Venkateswaran R

MBBS, MD, FICAP (CMC Vellore) 8+ Years Experience

Dr Venkateswaran R is a top Psychiatrist in Chennai at Apollo Children Hospital Chennai. Book appointment online with Dr Venkateswaran R at Ask Apollo.

#### Hospitals

Apollo Children's Hospital, Chennai,

Doctor's Working Weekdays Mon - Fri Doctor's Working Hours 17:00 -19:00



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### **Overview**

Dr. Venkateswaran R is a highly experienced psychiatrist based in Chennai, Tamil Nadu, with over 8 years of dedicated service in the field of mental health. He holds esteemed qualifications including an MBBS and an MD, as well as a Fellowship in Clinical Addiction Psychiatry (FICAP) from the renowned Christian Medical College, Vellore. Dr. Venkateswaran is committed to providing compassionate and comprehensive care for his patients, focusing on understanding their unique challenges and tailoring treatment plans that promote overall well-being. Fluent in English, Hindi, and Tamil, he effectively communicates with a diverse patient population, ensuring that language is never a barrier to receiving quality psychiatric care. Working at Apollo Hospitals, Dr. Venkateswaran employs a holistic approach, integrating various therapeutic modalities to address issues ranging from anxiety and depression to more complex psychiatric disorders. His dedication to the field has earned him the respect and trust of both his patients and colleagues. As a psychiatrist,

Dr. Venkateswaran is not only passionate about diagnosing and treating mental health conditions but also about raising awareness and reducing the stigma surrounding mental health issues. His practice is

characterized by a patient-centered approach, where he emphasizes the importance of building strong therapeutic relationships. Whether in individual therapy sessions or through broader mental health initiatives, Dr. Venkateswaran R continues to make a significant impact on the lives of those he serves.

# **Experience**

- 1. Worked as Assistant professor in the Department of Child and Adolescent psychiatry, CMC Vellore from August 2015 to February 2016
- 2. Attended the senior residency programme (post doctoral fellowship) for a period of 2 years (July 2013 July 2015) in Child and adolescent psychiatry unit, CMC Vellore.
- Training: Spent 14 mths in Emotional And Behavioral Disorder Unit, 6 months in Neurodevelopental Disorders Unit, 1 month in Pediatric Neurology, 15 days each in Pediatric Endocrinology, General Pediatrics Unit, Pediatric Oncology, Developmental Pediatrics and Physical medicine and rehabilitation.
   I also had one week of training in Community Child Psychiatry.
- 3. Worked for 3 months as tutor in child and adolescent psychiatry, CMC Vellore (March 2013 to June 2013).
- 4. Worked for 6 months as senior resident in department of psychiatry in MMCHRI, Kancheepuram (September 2012 February 2012)
- 5. Attended 3 years of the Junior Residency Programme (Post graduation MD) in Department of Psychiatry, PSGIMSR, Tamilnadu, India. (May 2009– May 2012)
- 6. Training: Spent 29 months in Adult Psychiatry units including De-addiction units, consultation liaison psychiatry, Rehabilitation & Community psychiatry and 3 months in Internal medicine at PSGIMSR; 15 days in Child and Adolescent Psychiatry & 15 days in Forensic psychiatry at NIMHANS; 3 months in Neurology at St John's Medical College, Bangalore, India.
- Trained towards the management of emergencies during these postings.
- Trained in Metabolic clinic, Child and Adolescent clinic & De-addiction clinic of PSGIMSR, Coimbatore,
  India. (directed towards assessment and management of a spectrum of clinical situations and oriented towards research in these fields)
- Trained in Electroconvulsive therapy and repetitive Trans Cranial Magnetic Stimulation during the course of residency.

### **Awards**

- KasturiMuralidhar gold medal in MD (General medicine) in 2002 by RGUHS (University)
- API gold medal in MD (General medicine) in 2002
- Dr.AnisyaVasanth memorial award for the best post graduate resident in DM (Neurology) in 2012

## **Research and Publication**

- 1. Palaniappan P, Rajaraman V. Visual hallucinations: a treatment-emergent adverse effect of linezolid.J Neuropsychiatry Clin Neurosci. 2015 Winter; 27(1): e65.
- 2. Adjunctive aripiprazole in risperidone-induced hyperprolactinaemia: double-blind, randomised,placebo-controlled trial. G. Raghuthaman, R. Venkateswaran and R. Krishnadas. BJPsych Open (2015) 1, 172–177. doi: 10.1192/bjpo.bp.115.001248
- 3. I. Syed Ummar, Venkateswaran Rajaraman, N. Loganathan. Cushing's syndrome presenting as treatment-resistant bipolar affectivedisorder: A step in understanding endocrine etiology of mood disorders. Indian journal of psychiatry, April 2015
- MK Nair, DeepaChacko, Venkateswaran Rajaraman, Babu George, LeenaSamraj, and Paul Swamidhas Russell. The Diagnostic Accuracy and Validity of the Teen Screen Questionnaire-Mental Health for Clinical and Epidemiological Studies in Primary-Care Settings. Indian J Psychol Med. 2014 Apr-Jun; 36(2): 187–191.
- 5. M. K. C. Nair, *Venkateswaran Rajaraman*, Deepa Chacko, Sushila Russell, Babu George, Leena Sumaraj, Paul Swamidhas Sudhakar Russell. *Comparison of the diagnostic accuracy and validity of a short version of teen screen questionnaire-mental health (TSQ -M-short) for use in community.ijpm.info on Saturday, July 18, 2015*
- 6. Yoganathan S, Arunachal G, Sudhakar SV, Rajaraman V, Thomas M, Danda S. Beta Propellar Protein-Associated Neurodegeneration: A Rare Cause of Infantile Autistic Regression and Intracranial Calcification. Neuropediatrics. 2016 Apr;47(2):123-7
- 7. Raghuthaman G, Venkateswaran R. "Training of Nursing staff in symptom triggered treatment for Alcohol withdrawal- An evaluation". MGR University e Journal, Jan 2012. (As a part of my MD curriculum)

# **Frequently Asked Questions**

- 1. Where does Dr. Venkateswaran R practice?
- Dr. Venkateswaran R currently practices at Apollo Children Hospital, located in Chennai.

#### 2. Who is Dr. Venkateswaran R?

Dr. Venkateswaran R is a highly experienced Psychiatrist with over 8 years of expertise in the field. He is known for providing exceptional patient care and advanced medical treatments. He areas of expertise include Personality Disorder Treatment, Adopted Child Syndrome Treatment. He also treats conditions such as Eating disorders, Mood disorders.

#### 3. Why do patients choose Dr. Venkateswaran R?

Patients trust Dr. Venkateswaran R for he expertise, patient-centric approach, and commitment to providing the highest standard of care. He is well-versed in the latest medical advancements and ensures personalized treatment for every patient.

#### 4. What is Dr. Venkateswaran R's specialization?

Dr. Venkateswaran R specializes in Psychiatry, with expertise in treatments for Personality Disorder Treatment, Adopted Child Syndrome Treatment.

#### 5. What are Dr. Venkateswaran R's medical qualifications?

Dr. Venkateswaran R holds prestigious qualifications, including MBBS, MD, FICAP (CMC Vellore)

#### 6. How many years of experience does Dr. Venkateswaran R have?

Dr. Venkateswaran R has over 8 years of experience in the medical field, treating various conditions related to Psychiatry.

### 7. How can I book an appointment with Dr. Venkateswaran R?

You can book an appointment with Dr. Venkateswaran R through: Online: Visit https://www.apollohospitals.com/book-doctor-appointment/ to schedule an appointment.