



Dr Urvashi Singh

MBBS, MS (ENT) 10+ Years Experience

Hospitals

Apollo Hospitals, Greams Road, Chennai,

Doctor's Working Weekdays MON - SAT Doctor's Working Hours 16:00 - 17:00 C

Call Now

Book Appointment

Overview

Dr. Urvashi Singh is a highly skilled ENT Specialist based in Chennai, with 10 years of experience in the field. She holds an impressive educational background with an MBBS and MS (ENT), equipping her with in-depth expertise in diagnosing and treating a wide range of ENT conditions.

Fluent in English, Hindi, and Tamil, Dr. Urvashi Singh ensures clear and effective communication with her patients, making them feel comfortable throughout their treatment journey.

As a specialist at Apollo Hospitals Greams Road, Chennai, she is committed to providing high-quality, patient-centric care. Her approach focuses on personalized treatment plans to achieve the best possible outcomes for each individual.

With a strong dedication to patient well-being and clinical excellence, Dr. Urvashi Singh is a trusted name in ENT care, helping patients with conditions related to the ear, nose, and throat through her extensive expertise and compassionate approach.

Experience

CONSULTANT

DEPARTMENT OF OTORHINOLARYNGOLOGY, HEAD AND NECK SURGERY

Prashanth Multispeciality Hospital, Kolathur, Chennai, India

Gericare Multispecialty Hospitals, T.Nagar, Chennai, India

JANUARY 2024 TILL PRESENT

CONSULTANT

DEPARTMENT OF OTORHINOLARYNGOLOGY, HEAD AND NECK SURGERY

Apollo Hospitals, Greams Road, Chennai, India

Lifeline Hospitals, New Avadi Road, Chennai, India

NOVEMBER 2023 TILL PRESENT

CONSULTANT

DEPARTMENT OF OTORHINOLARYNGOLOGY, HEAD AND NECK SURGERY

Dr Mehta's Hospital, Chetpet, Chennai, India

SEPTEMBER 2021 TILL OCTOBER 2023

ASSISTANT PROFESSOR & ASSOCIATE CONSULTANT

DEPARTMENT OF OTORHINOLARYNGOLOGY, HEAD AND NECK SURGERY

Sri Ramachandra Institute Of Higher Education & Research, Chennai, India

- Clinical responsibilities -
- o Involved with management of patients attending the departmental outpatient clinic that caters to approximately 100-150 patients daily.
- o Performing outpatient procedures like rigid/flexible scopies, videonystagmography, stroboscopy and F.E.E.S (functional endoscopic evaluation of swallowing).
- o Responsible for diagnostic work-up, treatment and monitoring of in-patients.
- o Independently performing various E.N.T. related surgeries ranging from tonsillectomy, endoscopic endonasal surgeries, otological surgeries (tympanoplasty, mastoidectomy +/- ossicular reconstruction), laryngeal procedures, head and neck surgeries like thyroidectomy and E.N.T. related emergencies.
- o In-charge of Speech and Swallowing Clinic conducted weekly in the out-patient department
- Teaching responsibilities -
- o Clinical training of under-graduate students posted in the department and post-training clinical assessment.
- o Mentoring and supervising post-graduate trainees in outpatient clinics and operative procedures.
- o Conducting daily rounds along with post-graduate trainees and active discussion of evidence based management protocols.

- Academic activity -
- o Active participation in departmental research activities and conducting various observational prospective/retrospective studies.
- o Principal investigator for completed department project "PTH as a predictor for postoperative hypocalcemia following thyroidectomy"
- o Principal investigator for ongoing department project (institutional funded) "olfactory outcomes following middle turbinate resection in endoscopic trans-sphenoidal pituitary surgery"
- Administrative skills –
- o Departmental coordinator of C.R.R.I (Compulsory Rotatory Resident Intern) related activities.
- o Departmental clinical coordinator for N.A.B.H assessment (National Accreditation Board of Hospitals
- & Healthcare Providers)
- o Member of Medical Credentialing Committee
- o Member of Patient Safety Committee
- o Departmental clinical coordinator of Clinical Audits conducted in Sri Ramachandra Hospital.

JULY 2018 - AUGUST 31ST 2021

Senior Resident & Associate Consultant

AUGUST 2017 TO JULY 2018

SENIOR REGISTRAR

DEPARTMENT OF OTORHINOLARYNGOLOGY, SKULL BASE, HEAD AND NECK SURGERY Apollo Speciality Cancer Hospital, Teynampet, Chennai, India

- Key member of the Head and Neck team and performed diagnostic and pre-operative work-up of patients diagnosed with head and neck neoplasms.
- Involved in management of a wide-range of head and neck cancers mainly oral and oropharyngeal malignancies, neck nodal diseases, salivary gland tumours, thyroid swellings, nose/paranasal sinus malignancies, anterior and lateral skull base neoplasms.
- Assisted varied and complex onco-resection surgeries coupled with or without reconstruction using pedicled/free-flaps.
- Vigilant post-operative assessment and monitoring, including critical post-free flap reconstructive surgeries.
- Close interaction and regular case discussions with inter-departmental physicians such as radiologists, pathologists, radiation and medical oncologists, in order to provide a holistic cancer treatment.
- Regular member of multi-disciplinary tumour board involving radiologists, pathologists, onco-surgeons,

radiation oncologists and medical oncologists.

Apollo Speciality Cancer Hospital, Chennai, is a JCI, NABH accredited and ISO certified tertiary referral centre and a part of a national conglomerate – Apollo Cancer Institute – situated in major cities all over India. It's a 300 bed multi-speciality centre with a dedicated chemotherapy and stem cell transplant ward; equipped with 64 SLICE- PET CT scan system, Cyber-knife, True Beam STx radiotherapy, and brachytherapy

APRIL 2014 TO JUNE 2017

POSTGRADUATE TRAINEE

DEPARTMENT OF OTORHINOLARYNGOLOGY, HEAD AND NECK SURGERY

Sri Ramachandra Medical College & Research Institute, Chennai, India

FEBUARY 2011 TO MAY 2011

CHIEF MEDICAL OFFICER

DEPARTMENT OF ACCIDENT & EMERGENCY

Sri Ramachandra Medical Centre, Chennai, India

DECEMBER 2009 TO DECEMBER 2010

MBBS INTERNSHIP

Sri Ramachandra University, Chennai, India

Membership

- ? Association of Otolaryngologists of India
- ? All India Rhinology Society
- ? European Rhinologic Society

Awards

- 1. BMJ Case Reports. ISSN:1757-790X (Electronic); 1757-790X (Linking)
- 2. Science Progress, SAGE Publication

Papers & posters presented

- ? Paper on "Role of CT-Scoring and Charlson Comorbidity Scoring in malignant otitis externa prognosis" at TNAOI Silver Jubilee & 18th South Zone AOI Conclave 2023, Coimbatore (TN), October 2023
- ? Paper on "Utility of flexible endoscopic evaluation of swallowing (FEES) in stroke survivors with swallowing disorders" at 17th Annual Conference of South-Zone, organized by KMC, Manipal

- (Mangalore), October 2022
- ? Poster on "Diagnostic accuracy of preoperative fine needle aspiration cytology in parotid neoplasms" at) at International Federation of Head and Neck Oncology Societies & 19th National Conference of FHNO, October 2019
- ? Poster on "Maxillectomy with orbital decompression in mucormycosis a profile" at RHINOCON 2016, Hyderabad
- ? Poster on "Benign Nasopharyngeal Lesions in Adolescent Males A Surgical Review" at Conference of the AOI, Gurgaon January 2016
- ? "Audit of Tracheostomy Patients in ICU setting in Tertiary Care Centre" at Tamil Nadu AOI Conference 2015
- ? "Retrospective analysis of surgical management of laryngotracheal stenosis" at Tamil Nadu AOI conference & Live Surgery Workshop 2014

BOOKS co-authored

- 1. Dr Nalini Jayanthi, Dr Somu Lakshmanan, Dr Urvashi Singh. Chapter 5 Airway Diseases, A. An overview of Upper Airway Disorders: Case Based Approach. Pulmonary Disorders in Women. India: Tree Life Media (Kothari Medical); 2023
- 2. Dr Somu Lakshmanan, Dr Urvashi Singh. Chapter 14 Othorhinolaryngology: Partha's Current Trends in Diagnosis & Management for Pediatric & Adolescent Practitioners. India: Jaypee Publications; 2021
- 3. Dr Somu Lakshmanan, Dr Urvashi Singh. Chapter 15 Otorhinolaryngology: Partha's Comprehensive Manual For Pediatric And Adolescent Practice. India: Jaypee Publications; 2020
- 4. Dr Somu Lakshmanan, Dr Urvashi Singh. Chapter 23 Otolaryngology: Partha's Investigations and Interpretations in Pediatric and Adolescent Practice. India: Jaypee Publications; 2019
- 5. Dr Somu Lakshmanan, Dr Urvashi Singh. Chapter 23: Partha's 101 Clinical Pearls in Pediatrics. India: Jaypee Publications; 2017
- Dr Somu Lakshmanan, Dr Urvashi Singh, Dr Nazrin Mohammed Ismail. Chapter 24
 Otorhinolaryngology: IAP Management Algorithms for Common Pediatric Illness. India: Jaypee Publications; 2016

Research and Publication

- 1. Singh U, Arunachalam R. Postoperative Outcomes Following KTP-532 LASER Versus Coblation Assisted Paediatric Tonsillectomy. Indian Journal of Otolaryngology and Head & Neck Surgery. 2023 Feb 13:1-6.
- 2. Mohanraj L, Singh U, Lakshmanan S. Diagnostic dilemma: our experience with necrotising

- sialometaplasia. BMJ Case Reports CP. 2023 Mar 1;16(3):e252481.
- 3. Lakshmanan S, Singh U, Genedi D. Riga Fede disease an unusual presentation. International Journal of Scientific Research. 2021 Feb;10(02) https://www.doi.org/10.36106/ijsr/4827212
- 4. Lakshmanan S, Venkataraman S, Singh U. Riga-Fede disease: a mimicker of malignancy. BMJ Case Reports CP. 2021 Mar 1;14(3):e235976.
- 5. Lakshmanan S, Singh U, Zaffrullah NS, Manimaran V. Clinical Outcome Following Endoscopic Septoturbinal Surgeries for Rhinogenic Contact Point Headache: A Retrospective Analysis. Indian Journal of Otolaryngology and Head & Neck Surgery. 2020 Mar 5:1-5.
- 6. Singh U, Venkitachalam S, Chinnusamy R. Clinical profiling and management outcome of atypical skull base osteomyelitis. British Journal of Neurosurgery. 2019 Dec 7:1-4.
- 7. Singh U, Kalavakonda C, Venkitachalam S, Patil S, Chinnusamy R. Intraosseous Hemangioma of Sella: Case Report and Review of Literature. World neurosurgery: X. 2019 Jul 1;3:100030.
- 8. Somu L, Kumar P, Singh U. Retrospective audit of sinonasal inverted papilloma at a tertiary care centre. International Journal of Otorhinolaryngology and Head and Neck Surgery. 2017 Jul;3(3):517.
- 9. Saravanam PK, Singh U. Rare presentation of extra-pulmonary tuberculosis of the cheek. The Journal of Medical Research. 2016;2(1):03-5.
- 10. Somu L, Saravanam PK, Kumar AR, Urvashi S, Nivas P, Gokul AM. Extracorporeal septoplasty using polydioxanone plates v/s conventional septoplasty in management of difficult septum. Journal of Evolution of Medical and Dental Sciences. 2015 Sep 10;4(73):12742-54.
- 11. Kumar P, Singh U. Malignant otitis externa-a review. Journal of Infectious Diseases and Therapy. 2015 Feb 28:1-4.

Frequently Asked Questions

1. Who is Dr. Urvashi Singh?

Dr. Urvashi Singh is a highly experienced ENT Specialist with 10 years of expertise in diagnosing and treating a wide range of ear, nose, and throat conditions.

2. Where does Dr. Urvashi Singh practice?

Dr. Urvashi Singh currently practices at Apollo Hospitals Greams Road Chennai.

3. What is Dr. Urvashi Singh's specialization?

Dr. Urvashi Singh specializes in ENT (Otorhinolaryngology) and provides expert treatment for conditions related to the ear, nose, and throat. Her expertise includes Tonsillectomy, Cochlear Implant

Surgery, Endoscopic Sinus Surgery, Septoplasty (Nasal Surgery), and Ear Tube Placement.

4. What are Dr. Urvashi Singh's medical qualifications?

Dr. Urvashi Singh holds an MBBS and MS (ENT), making her highly qualified in the field of ENT surgery and treatment.

5. How many years of experience does Dr. Urvashi Singh have?

Dr. Urvashi Singh has 10 years of experience in treating a wide range of ENT-related conditions.

6. What conditions does Dr. Urvashi Singh treat?

She provides specialized care for conditions such as: Sinusitis, Tonsillitis, Hearing Loss, Vertigo (Balance Disorders), Sleep Apnea, and more.

7. Why do patients choose Dr. Urvashi Singh?

Patients trust Dr. Urvashi Singh for her expertise, patient-centric approach, and commitment to delivering personalized treatments. She stays updated with the latest advancements in ENT care and ensures optimal outcomes for her patients.

8. How can I book an appointment with Dr. Urvashi Singh?

You can book an appointment with Dr. Urvashi Singh through: Online: Visit https://www.apollohospitals.com/book-doctor-appointment/ to schedule an appointment.