



Dr Harshil Shah

- MBBS, GMERS Medical College, Gandhinagar, India, 2018 - MD Psychiatry, B.J. Medical College, Ahmedabad, India, 2023 4+ Years Experience

Hospitals

Apollo Hospitals, City Center, Ahmedabad ,

Doctor's Working
Weekdays
Mon - Sat

Doctor's Working
Hours
10:00 - 16:00



Call Now



Book Appointment

Overview

Dr. Harshil Shah is a dedicated Psychiatry Specialist at Apollo Hospitals Gandhinagar, Ahmedabad, with four years of experience in the field. He holds an MBBS and an MD in Psychiatry, complemented by membership in the Indian Psychiatric Society (MIPS), which underscores his advanced expertise and commitment to ongoing professional development. Dr. Shah is proficient in a range of psychiatric treatments, including cognitive behavioral therapy, psychopharmacology, and mindfulness-based interventions. His research interests focus on the intersection of mental health and technology, exploring innovative approaches to enhance patient outcomes. He actively participates in academic discussions and medical conferences, contributing to the advancement of psychiatric care and sharing insights with peers. A strong advocate for patient-centered care, Dr. Shah prioritizes the individual needs of his patients, ensuring they receive tailored treatment plans that promote mental well-being. His compassionate approach, combined with a commitment to medical excellence, fosters a supportive environment for those seeking help. Fluent in English, Hindi, Marathi, and Gujarati, Dr. Shah effectively communicates with a diverse patient population, making him a trusted partner in their mental health journey.

Experience

- Certificate Course in REBT (Rational Emotive Behavioural Therapy) under Rajita Ramachandran, AltMindShift, 2024
- Masters in Psychosexual Techniques (M.P P.S.T) via MastersHealthPro Inc, USA, 2024

Membership

- Member of Indian Psychiatric Society

Awards

- Reached Zonal round of the TYSA quiz (Torrent Young Scholar Award) (Psychiatry), 2023.

Research and Publication

- Published my article, “A study to assess depression, anxiety and alcohol use among men with erectile dysfunction and Premature ejaculation” in International Journal of Scientific Research (IJSR), 2022.
- Presented a poster in ANCIPS (Annual National Conference of Indian Psychiatric Society), Vishakapatnam on “An interesting case of savant skills in a patient of Autism Spectrum Disorder”, 2022.
- Conducted a thesis study on “Relationship between cellphone screen time (including social media platforms like Facebook, WhatsApp and Instagram) on quality of sleep at B.J. Medical College and Civil Hospital, Ahmedabad, June, 2023.

Frequently Asked Questions