



Dr Rishi Gupta

MBBS, DNB (Orthopaedic Surgeon), Diploma in Orthopaedics 14+ Years Experience

Hospitals

[Apollo Hospitals, Indore ,](#)

Doctor's Working
Weekdays
Mon - Sat

Doctor's Working
Hours
10:00 - 16:00



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Book Appointment

Overview

Dr. Rishi Gupta is a distinguished Orthopaedics Specialist at Apollo Hospitals Vijay Nagar, Indore, and is regarded by many patients as the best orthopedic doctor in Indore, with 14 years of extensive experience in the field. He holds an MBBS and a DNB in Orthopaedic Surgery, specializing in Advanced Trauma and Joint Replacement, which underscores his advanced expertise as a top orthopedic surgeon in Indore. Dr. Gupta is dedicated to providing innovative treatments and is proficient in a range of procedures, including minimally invasive surgeries and advanced pain management techniques.

A passionate advocate for patient-centered care, Dr. Gupta prioritizes the individual needs of his patients, ensuring they receive comprehensive and compassionate treatment. Patients searching for an orthopedic doctor near me value his commitment to medical excellence, which is reflected in his active involvement in research and academic discussions, where he contributes to the advancement of orthopaedic practices. He frequently participates in medical conferences, sharing insights and learning from peers to enhance his clinical skills.

Fluent in both English and Hindi, Dr. Gupta effectively communicates with a diverse patient population, fostering a welcoming environment for all. His dedication to high-quality healthcare and innovative approaches makes him a trusted choice for patients seeking orthopaedic care in Indore.

Experience

- Consultant Orthopaedics & Spine Surgeon, Apollo Hospitals Indore (2022-till date)
- Consultant Spine Surgeon, Apple Hospitals Indore (2015-2022)
- Senior Resident in the Department of Orthopaedics, SAIMS Indore (2014-2015)
- D.N.B Resident in Indian Spinal Injuries Centre, Vasant Kunj, New Delhi (2011-2013)
- Orthopaedics Resident, Hamidia Hospital & Gandhi Medical College Bhopal,M.P (2009-2011)

Frequently Asked Questions

1. When should I consult Dr. Rishi Gupta for spine problems?

You should consult Dr. Rishi Gupta, regarded by many patients as the best orthopedic doctor in Indore, if you experience persistent back or neck pain, radiating pain to arms or legs, numbness, weakness, difficulty walking, or pain not responding to medication or physiotherapy. If you are searching for an orthopedic doctor near me with expertise in spine care, timely consultation is important.

2. Does Dr. Rishi Gupta perform minimally invasive spine surgery?

Yes. As a top orthopedic surgeon in Indore, Dr. Rishi Gupta specializes in minimally invasive and endoscopic spine procedures, which help reduce pain, minimize tissue damage, shorten hospital

3. What types of fractures and trauma cases are treated?

Dr. Gupta treats simple to complex fractures, including pelvic and acetabular fractures, spine injuries, multiple fractures from road traffic accidents, and limb-threatening trauma cases. Patients often consult him as the best orthopedic doctor in Indore for advanced trauma care.

4. Is surgery always required for back or spine problems?

No. Surgery is recommended only when conservative treatments such as medication, physiotherapy, or injections fail, or when there is nerve compression, spinal instability, or neurological deficit. An experienced orthopedic doctor near me like Dr. Rishi Gupta carefully evaluates each case before

advising surgery.

5. How long does recovery take after spine or fracture surgery?

Recovery time varies depending on the condition and procedure. With minimally invasive techniques used by a top orthopedic surgeon in Indore, many patients resume daily activities within a few weeks, while complex trauma cases may require longer rehabilitation.