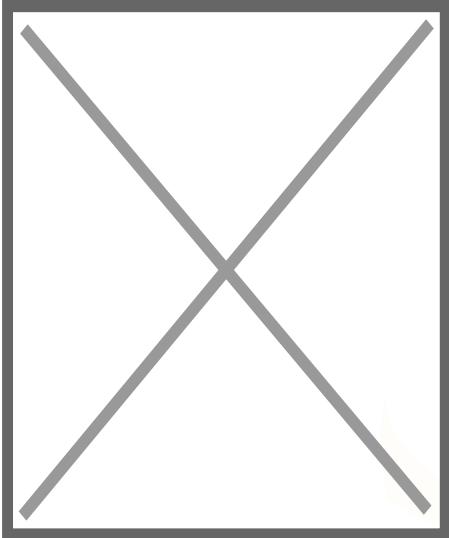


## Dr Mehta Y

MBBS, DNB(Family Medicine) 15+ Years Experience

### Hospitals

[Apollo Hospitals, Bannerghatta Road ,](#)



Doctor's Working  
Weekdays  
Mon - Sat

Doctor's Working  
Hours  
10:00 - 14:00



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Book Appointment

## Overview

Dr. Mehta Y is a highly skilled General Physician with over 15 years of dedicated experience in the field of Internal Medicine. Based at Apollo Hospitals Bannerghatta Road in Bangalore, she has built a reputation for her comprehensive approach to patient care and her commitment to improving the health and well-being of her patients. Dr. Mehta holds an MBBS degree and a DNB in Family Medicine, equipping her with a robust foundation in medical knowledge and clinical practice. Her extensive training and experience enable her to diagnose and manage a wide range of health issues, making her a trusted partner in her patients' healthcare journeys. Dr. Mehta's clinical focus encompasses various aspects of internal medicine, including chronic disease management, preventive care, and health promotion. She believes in a holistic approach to healthcare, emphasizing the importance of understanding each patient's unique circumstances and health goals. By fostering open communication and building strong relationships with her patients, Dr. Mehta ensures that they feel heard and valued throughout their treatment process. Her empathetic demeanor and thoroughness in addressing patient concerns contribute to a supportive environment where individuals can feel comfortable discussing their health issues. As a valued member of

the Apollo Hospitals team, Dr. Mehta Y is committed to upholding the hospital's mission of providing exceptional healthcare services. She collaborates closely with a multidisciplinary team of healthcare professionals to deliver personalized treatment plans that cater to the specific needs of her patients. Dr. Mehta's dedication to continuous learning and staying updated with the latest advancements in medicine further enhances her ability to provide high-quality care. Patients can trust that they are in capable hands with Dr. Mehta, as she strives to empower them with the knowledge and resources necessary to lead healthier lives.

## **Frequently Asked Questions**