

Ms Alankritha Jaya Sukanya Devi

M Phil Clinical Psychology 6+ Years Experience

Hospitals

Apollo Hospitals, Greams Road, Chennai ,

Doctor's Working
Weekdays
Mon - Sat

Doctor's Working
Hours
10:00 - 14:00



Call Now



Book Appointment

Overview

Ms. Alankritha Jaya Sukanya Devi is a dedicated Clinical Psychologist with six years of experience in the field, currently practicing at Apollo Hospitals Greams Road in Chennai. With an M Phil in Clinical Psychology, she has developed a robust foundation in psychological theories and therapeutic techniques, enabling her to provide comprehensive care to her patients. Her educational background equips her with the knowledge to address a wide range of mental health issues, including anxiety, depression, stress management, and relationship challenges. Ms. Alankritha is committed to staying updated with the latest advancements in psychology, ensuring that her patients receive the most effective and evidence-based treatments available. At Apollo Hospitals, Ms. Alankritha adopts a patient-centered approach, emphasizing the importance of understanding each individual's unique experiences and needs. She believes in fostering a safe and supportive environment where patients feel comfortable expressing their thoughts and emotions. Her therapeutic style is characterized by empathy, active listening, and collaboration, allowing her to build strong therapeutic alliances with her patients. By employing a variety of therapeutic modalities tailored to each individual, she aims to empower her patients to overcome their challenges and achieve their personal goals. Ms. Alankritha's dedication to mental health and well-being is evident in her compassionate care, making her a valued member of the Apollo Hospitals team. As a Clinical Psychologist at one of Chennai's leading healthcare institutions, Ms. Alankritha is passionate about promoting mental health awareness and reducing the stigma associated with seeking psychological help. She actively engages in community outreach programs and workshops, educating the public on the importance of

mental wellness and the resources available for support. Her commitment to her patients and the community reflects her belief that mental health is just as crucial as physical health. At Apollo Hospitals Greams Road, Ms. Alankritha Jaya Sukanya Devi continues to make a significant impact on the lives of those she serves, helping them navigate their mental health journeys with confidence and resilience.

Frequently Asked Questions