



Dr Arpita Roy Choudhury

M.Phil. In Clinical Psychology, PhD Scholar 10+ Years Experience

Hospitals

Apollo Hospitals, Kolkata ,

Doctor's Working
Weekdays
Mon - Sat

Doctor's Working
Hours
10:00 - 14:00



Call Now



Book Appointment

Overview

Dr. Arpita Roy Choudhury is a dedicated and compassionate Clinical Psychologist with over a decade of experience in the field of mental health. Based in Kolkata, she has established herself as a trusted professional, committed to providing high-quality psychological care to her patients. Dr. Choudhury holds an M.Phil. in Clinical Psychology and is currently a PhD scholar, continuously expanding her knowledge and expertise to stay at the forefront of psychological research and practice. Her academic background equips her with a deep understanding of various psychological theories and therapeutic techniques, which she skillfully applies in her clinical work. At Apollo Multispeciality Hospitals in Kolkata, Dr. Choudhury is known for her patient-centered approach, where she prioritizes the unique needs and concerns of each individual. She specializes in a range of psychological issues, including anxiety, depression, stress management, and trauma-related disorders. Dr. Choudhury believes in fostering a safe and supportive environment for her patients, encouraging open communication and collaboration throughout the therapeutic process. Her warm demeanor and empathetic listening skills help to build strong therapeutic alliances, allowing her patients to feel understood and empowered on their journey toward mental

wellness. Dr. Choudhury's association with Apollo Multispeciality Hospitals reflects her commitment to providing comprehensive care within a multidisciplinary framework. She collaborates closely with other healthcare professionals to ensure that her patients receive holistic treatment tailored to their specific needs. By integrating her psychological expertise with the resources available at the hospital, Dr. Choudhury strives to enhance the overall well-being of her patients, guiding them toward healthier, more fulfilling lives. Her dedication to mental health and her unwavering support for her patients make her a valuable asset to the Apollo team and the community she serves.

Frequently Asked Questions