



Dr Neha Dubey

MA (Clinical & Forensic Psychology), M.Phil (Clinical Psychology), PhD (Clinical Psychology), Neuropsychology Fellow (BPS, UK) 13+ Years Experience

Hospitals

Apollo Hospitals, Kolkata ,

Doctor's Working
Weekdays
Mon - Sat

Doctor's Working
Hours
10:00 - 14:00



Call Now



Book Appointment

Overview

Dr. Neha Dubey is a highly esteemed psychologist with over 13 years of dedicated experience in the field of mental health. Based at Apollo Multispeciality Hospitals in Kolkata, she has built a reputation for her compassionate approach and commitment to patient well-being. Dr. Dubey holds an impressive array of educational qualifications, including a Master's degree in Clinical and Forensic Psychology, an M.Phil in Clinical Psychology, and a PhD in Clinical Psychology. Additionally, she has further honed her expertise as a Neuropsychology Fellow with the British Neuropsychological Society and the British Psychological Society in the UK, and as a Summer Scholar at Massachusetts General Hospital in the USA. This extensive training equips her with a deep understanding of the complexities of the human mind, allowing her to provide comprehensive care tailored to each individual's needs. Dr. Dubey's clinical focus encompasses a wide range of psychological issues, including anxiety disorders, depression, trauma, and neuropsychological assessments. She employs evidence-based therapeutic techniques, integrating cognitive-behavioral therapy, mindfulness practices, and psychodynamic approaches to foster healing and personal growth in her patients. Her warm and empathetic demeanor creates a safe space for individuals

to explore their thoughts and feelings, empowering them to navigate their challenges effectively. Dr. Dubey believes in a holistic approach to mental health, recognizing the importance of addressing both psychological and emotional aspects of well-being. Her commitment to ongoing professional development ensures that she remains at the forefront of advancements in psychology, continually enhancing her practice to benefit her patients. At Apollo Multispeciality Hospitals, Dr. Neha Dubey is an integral part of a multidisciplinary team dedicated to providing exceptional healthcare. Her collaboration with other specialists allows for a comprehensive approach to patient care, ensuring that psychological health is seamlessly integrated with overall medical treatment. Dr. Dubey's passion for her work and her unwavering dedication to her patients make her a trusted partner in their journey toward mental wellness. Whether you are seeking support for a specific issue or looking to enhance your overall mental health, Dr. Dubey is here to guide you with expertise and compassion.

Frequently Asked Questions