



Ms Rajalakshmi

M.Sc, M.Phil 5+ Years Experience

Hospitals

Doctor's Working
Weekdays
Mon - Sat

Doctor's Working
Hours
10:00 - 14:00



Call Now



Book Appointment

Overview

Ms. Rajalakshmi is a dedicated and compassionate psychologist with five years of experience in the field of mental health. Based in the vibrant city of Madurai, she has established herself as a trusted professional at Apollo Specialty Hospitals KK Nagar, where she is committed to providing high-quality psychological care. Ms. Rajalakshmi holds an M.Sc and an M.Phil in Psychology, equipping her with a robust academic foundation and a deep understanding of various psychological theories and practices. Her educational background, combined with her hands-on experience, allows her to offer comprehensive assessments and tailored therapeutic interventions to her patients. In her practice, Ms. Rajalakshmi focuses on a wide range of psychological issues, including anxiety, depression, stress management, and relationship challenges. She employs evidence-based therapeutic techniques, ensuring that her patients receive the most effective care possible. Her approach is characterized by empathy and active listening, creating a safe and supportive environment where individuals can explore their thoughts and feelings. Ms. Rajalakshmi believes in the importance of a collaborative relationship with her patients, working together to set achievable goals and develop coping strategies that empower them to lead fulfilling lives. As a valued

member of the Apollo Specialty Hospitals KK Nagar team, Ms. Rajalakshmi is dedicated to enhancing the mental well-being of her patients. She is passionate about destigmatizing mental health issues and promoting awareness within the community. Her commitment to ongoing professional development ensures that she stays current with the latest advancements in psychology, allowing her to provide the best possible care. Patients can expect a warm, professional experience with Ms. Rajalakshmi, who is not only a skilled psychologist but also a compassionate advocate for mental health.

Frequently Asked Questions