



## Dr Devika Patil

MBBS- Rural medical college, Loni MD Psychiatry- TNMC and BYL Nair hospital, Mumbai MSc (Master's) in Psychology of sport and exercise- Leeds Beckett University, United Kingdom 3+ Years Experience

Hospitals

Doctor's Working  
Weekdays  
Mon - Sat

Doctor's Working  
Hours  
10:00 - 14:00



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Book Appointment

## Overview

Dr. Devika Patil is a dedicated psychiatrist with a passion for mental health and well-being, currently practicing at Apollo Hospitals Nashik. With three years of experience in the field, Dr. Patil has developed a comprehensive understanding of various psychiatric disorders and their impact on individuals and families. Her clinical focus encompasses a wide range of mental health issues, including anxiety, depression, stress management, and the psychological aspects of sports and exercise. This unique blend of expertise allows her to cater to diverse patient needs, ensuring that each individual receives personalized care tailored to their specific circumstances. Dr. Patil's educational journey is marked by excellence and a commitment to lifelong learning. She earned her MBBS from the esteemed Rural Medical College in Loni, followed by an MD in Psychiatry from TNMC and BYL Nair Hospital in Mumbai, where she honed her clinical skills and deepened her understanding of psychiatric practices. Further enhancing her qualifications, she completed a Master's degree in the Psychology of Sport and Exercise from Leeds Beckett University in the United Kingdom. This diverse educational background equips her with a holistic perspective on mental health, allowing her to integrate psychological principles into her practice effectively. At Apollo Hospitals Nashik,

Dr. Patil is known for her compassionate approach to patient care. She believes in fostering a supportive environment where patients feel safe to express their thoughts and emotions. By employing evidence-based therapeutic techniques and actively involving patients in their treatment plans, she empowers them to take charge of their mental health journey. Dr. Patil's commitment to her patients and her collaborative approach with other healthcare professionals at Apollo Hospitals ensure that individuals receive comprehensive care that addresses both their psychological and physical well-being. Her dedication to improving the lives of her patients makes her a valuable asset to the Apollo Hospitals community and a trusted partner in mental health care.

## Frequently Asked Questions