



Dr Lyxel Test 1

BSc (Honours), MBBS, MS, DNB, FRCS (Glas), FRCS (Edin), FRCS (General Surgery), MSc Medical Education 39+ Years Experience

Hospitals

<p>Doctor's Working Weekdays</p> <p>WED - SAT</p>	<p>Doctor's Working Hours</p> <p>10:00 - 19:00</p>	 <p>Call Now</p>	 <p>Book Appointment</p>
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Overview

Dr Lyxel Test is a highly respected Renal Transplant Surgeon at Apollo Hospitals Delhi, where he brings a wealth of 39 years of hands-on clinical experience to the forefront of kidney care and transplantation. With a background spanning BSc (Honours), MBBS, MS, DNB, multiple FRCS credentials, and an MSc in Medical Education, he is known for guiding patients through the intricate journey of kidney disease, dialysis, and transplant medicine. He consults Wednesdays through Saturdays, from 10:00 to 19:00, ensuring comprehensive care and support for pre-and post-transplant patients.

Dr Test is fluent in English and Hindi, which enables him to connect with people across diverse backgrounds and provide clarity regarding transplant-related risks, post-surgical management, immunosuppressive therapies, and patient-centric recovery plans. He blends surgical innovation with genuine empathy, working closely with nephrologists, urologists, and allied professionals to maintain optimal graft function and long-term health. His founding philosophy centers on holistic care, patient advocacy, and constant learning. Patients and medical colleagues often note his determination, precision, and collaborative approach, making him a distinguished leader in transplant excellence for Delhi and North India.

Experience

Work History and Experience

At present working as Senior Consultant- Kidney Transplant Surgery at Indraprastha Apollo Hospitals New Delhi.

Consultant surgeon and the Dean (General Surgery and Medical Education) from January, 2025-March, 2025 at Jan Swasthya Sahyog, Ganiyari, Bilaspur, Chattisgarh.

Consultant surgeon (Transplantation and general surgery and honorary senior lecturer.) from April, 2005- January, 2025 at Royal Liverpool University Hospital, Liverpool.

Consultant surgeon (Emergency general surgery as sabbatical) from January, 2019- January, 2020 at Wirral teaching Hospitals, Wirral.

SpR with a national training number (General Surgery on call for 24 months. 1 year in laparoscopic unit, 1 year in colorectal unit. Transplant unit (with endocrine) for 6 months) at Royal Infirmary of Edinburgh and at Queen Margaret Hospital, Dunfermline

LAT (General Surgery) from Feb, 2002- Sept, 2002 at Queen Margaret Hospital, Dunfermline

Locum Consultant (Transplant Surgery) from Apr, 2000– Feb, 2002 at Royal Liverpool Univ. Hospital, Liverpool

Assistant Professor (Transplant Surgery) from Nov, 1996– Apr, 2000 at Post Graduate Institute of Medical Education & Research, Chandigarh

Consultant in-charge (Emergency Surgery) from Aug, 1997-Feb, 2000 at Post Graduate Institute of Medical Education & Research, Chandigarh

Registrar (Transplant Surgery) from Oct, 1994-Sept, 1996 at Royal Liverpool Univ. Hospital, Liverpool

Locum Reg (Transplant Surgery) from Jul, 1994 - Sept, 1994 at Royal Liverpool Univ. Hospital, Liverpool

Fellow (Transplant Surgery) from Feb, 1994-Jul, 1994 at Royal Liverpool Univ. Hospital, Liverpool

Senior Resident (Endocrine Surgery) from Feb, 1991 –Jan, 1994 at Sanjay Gandhi Post Graduate Institute of Medical Sciences, Lucknow

Senior Resident (General Surgery) from Jul, 1990 –Jan, 1991 at University College of Medical Sciences, New Delhi

Registrar (General Surgery) from Jan, 1989 – Jul, 1990 at Navin hospital, Dadri, Ghaziabad

Junior resident on rotation (General Surgery, urology, paediatric surgery, neurosurgery, A&E) from Jan, 1986- Dec, 1988 at All India Institute of Medical Sciences, New Delhi.

Intern (All surgical and medical specialities) from Jan, 1985- Dec, 1985 at All India Institute of Medical Sciences, New Delhi.

Research and Publication

Publications related to education and training:

1. Sharma AK, Surange R, Mishra SK. Safety of surgical procedures by residents. Arch Surg 1992; 127: 1993-4.
2. Mishra V, Kumar S, Siwach V, Sharma NK, Angral R, Majumdar A, Sharma AK. Need for bringing in a change in biochemistry curriculum to make it clinically oriented. J Assoc Physicians India 2000; 48 : 635-8.
3. Robson AJ, Wallace CG, Sharma AK, SJ Nixon, S Paterson-Brown. Recurrence of inguinal hernia repair- the effects of training and supervision. Br J Surg 2004; 91: 774-777.
4. Nevins E, Moori P, Alexander L, Richards B, Bleasdale V, Sharma A. Could Attendance at Medical School be improved? A Prospective Study of Medical Education at The University of Liverpool: Study of Attendance at a UK Medical School. MedEdPublish <http://dx.doi.org/10.15694/mep.2016.000078>
5. Ahmed Halawa, Ajay Kumar Sharma, Julie M Bridson, Denise Prescott, Sarah Lyon, Arpan Guha, David Taylor. How online coursework improves the attainment in clinical transplantation. The Online Journal of Distance Education and e-Learning 2017; 5 (1): 56-61.
7. Ajay Sharma, Ahmed Halawa, Julie M Bridson, Denise Prescott, Arpan Guha, Janet Strivens, David Taylor. Implementation of Critical Threshold Concept in Clinical Transplantation: A New Horizon in Distance Learning. World Journal of Educational Research ISSN 2375-9771 (Print) ISSN 2333-5998 (Online) Vol. 4, No. 2, 2017.
8. Ahmed Halawa, Ajay Sharma, Julie M Bridson, Sarah Lyon, Denise Prescott, Arpan Guha, David Taylor. Distance Learning in Clinical Transplantation: A Successful Model in Post-Graduate Education. World Journal of Education 2017;7(3):74-8.
9. Nevins E, Moori P, Richards B, Alexander L, Pazmany L, Sharma A. The Impact of Live Audience Participation Teaching on Medical Education at The Surgical Scousers, an Undergraduate Surgical Society. MedEdPublish. <https://doi.org/10.15694/mep.2017.000080>.
10. Ahmed Halawa, Ajay Sharma, Julie Bridson, Sarah Lyon, Denise Prescott, Arpan Guha, and David Taylor. Constructing Quality Feedback To The Students In Distance Learning; Review Of The Current Evidence With Reference To The Online Master Degree In Transplantation. World Journal of Education 2017; 7 (4): 117-121.
11. Ahmed Halawa, Ajay Sharma, Julie Bridson, Sarah Lyon, Denise Prescott, Arpan Guha, and David Taylor. A Combination of Teacher-Led Assessment and Self-Assessment Drives the Learning Process in Online Master Degree in Transplantation. World Journal of Education 2017; 7 (4): 85-91.
12. Ahmed Halawa, Ajay Sharma, Julie Bridson, Sarah Lyon, Denise Prescott, David Taylor and Arpan Guha. Assessing Competence of NHS Consultants: Challenges and Possible Solutions. Journal of

Medical Education and Training 2017; 1 (3):015.

13. Hampton T, Dawes S, Sharma A, Waghorn A. Listening to core surgical trainees who drop out. RCS Bulletin 2020; 102(1): 38-42.

14. Kumar A, Sokhal N, Aggarwal R, Goyal K, Soni KD, Garg R, Bhoi S, Deorari A, Sharma A. Communication skills training through 'role play' in an acute critical care course. Natl Med J India 2021;34:92-94.

Publications

Contribution to Books:

1. A chapter in Thyroid Cancer. Editor: SK Mishra, 1997.
2. Section on Transplantation (including 9 chapters): Association of Surgeons of India's text book on surgery for post graduates (Publishers: Tata and Mc-Graw's ; Year 2002.
3. A chapter on Brain stem death and organ donation and another on trauma care in the Essentials of Surgery, JayPee Publications, 2004.
4. Defined, written and edited the student manual for Acute Critical Care Course ACCC.
5. Defined, written and edited the manual for instructor course for ACCC
6. Organ donation in UK: Challenges and perspectives Ajay Sharma and Ahmed Halawa Book Chapter (Organ Donation, Oxford Publisher – in press). Ed. Anna Mazzeo and Deepak Gupta.
7. Contraindications to donation: Infections. Ajay Sharma and Ahmed Halawa Book Chapter (Organ Donation, Oxford Publisher – in press). Ed. Anna Mazzeo and Deepak Gupta.

No of Papers published : 140

Frequently Asked Questions