

Dr Aathira Ravindranath

MBBS, MD (Pediatrics), DM (Pediatric Gastroenterology) 15+ Years Experience

Dr Aathira Ravindranath is a top Paediatric Gastroenterologist in Mysore at Apollo Bgs Hospitals Mysore . Book appointment online with Dr Aathira Ravindranath at Ask Apollo.

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Overview

Dr. Aathira Ravindranath is a highly skilled Paediatric Gastroenterologist based in Mysuru, Karnataka, with over 11 years of dedicated experience in the field of paediatric medicine. Holding an MBBS, MD in Paediatrics, and a DM in Paediatric Gastroenterology, she is well-equipped to address a wide range of gastrointestinal issues affecting children. Dr. Ravindranath's expertise encompasses diagnostic and therapeutic procedures, making her a valuable resource for parents seeking specialized care for their child's digestive health.

Dr. Aathira Ravindranath is proficient in both English and Hindi, ensuring clear communication with her diverse patient base. As a female doctor, Dr. Ravindranath brings a compassionate approach to her practice, understanding the unique needs of her young patients and their families.

At Apollo Hospital, she is committed to providing the highest standard of care, aiding in the comprehensive management of conditions such as chronic abdominal pain, inflammatory bowel disease, and malnutrition. Known for her patient-centric approach, Dr. Ravindranath fosters a supportive environment that encourages questions and active involvement from parents, making the consulting experience as

comfortable as possible. Her dedication to her field and the well-being of her patients has established her as a trusted figure in paediatric gastroenterology within the community.

Experience

- Internship – Govt. Kilpauk Medical College Hospital and Govt. Royapettah Hospital, Chennai – April 2009 to March 2010
- MD - Junior Resident – All India Institute of Medical Sciences, New Delhi – Jan 2011 to Dec 2013
- Senior Resident in Department of Pediatric Gastroenterology, Hepatology and Nutrition, Medanta – The Medicity Hospital, Gurgaon – July 2014 to October 2014
- Senior Resident – Pediatric Hepatology in Institute of Liver and Biliary Sciences, New Delhi – January 2015 to June 2015
- Senior Resident – Pediatric Gastroenterology in Sanjay Gandhi Post Graduate Institute of Medical Sciences, Lucknow – July 2015 to June 2016
- DM – Pediatric Gastroenterology in Sanjay Gandhi Post Graduate Institute of Medical Sciences, Lucknow – July 2016 to June 2019

Membership

- Executive Board Member – South ISPGHAN (2021–2023)
- Editorial Board – Annals of Pediatric Gastroenterology & Hepatology
- Faculty – DNB, Marrow, multiple national CME panels
- Peer Reviewer for major journals
- Member – ESPGHAN, ISPGHAN, IAP, etc.

Awards

Over 20 awards including:

- Yuva Star Award – IAP (2025)
- Young Investigator Award – ESPGHAN (2025)
- First Prize in GI Clinics – ISGCON (2023)
- International Scholarship – UEG Week (2019)

- Multiple Gold Medals in MBBS

Research and Publication

- Ravindranath A, Srivastava A, Yachha SK, Poddar U, Sarma MS, Saraswat VA, Mohindra S, Yadav RR, Kumar S. Childhood pancreatic trauma: Clinical presentation, natural history and outcome. *Pancreatology*. 2019 Oct 31. pii: S1424-3903(19)30762-8. Impact factor: 3.241
- Ravindranath A, Sen Sarma M, Yachha SK, Lal R, Singh S, Srivastava A, Poddar U, Neyaz Z, Behari A. Outcome of portosystemic shunt surgery on pre-existing cholangiopathy in children with extra hepatic portal venous obstruction. *J Hepatobiliary Pancreas Sci*. 2019 Oct 25. Impact factor: 2.353
- Shukla G, Gupta A, Chakravarty K, Joseph AA, Ravindranath A, Mehta M, Gulati S, Kabra M, Mohammed A, Poornima S. Rapid Eye Movement (REM) Sleep Behavior Disorder and REM Sleep without Atonia in the Young. *Can J Neurol Sci*. 2019 Sep 24:1-9. Impact factor: 2.286
- A Ravindranath, M.S. Sarma, S.K.Yachha. An elusive diagnosis in a child with fever and hepatomegaly. *Gastroenterology*. 2019. Jul;157(1):23-24. Impact factor: 22
- A Ravindranath, A Srivastava, J Seetharaman, R Pandey, M S Sarma, U Poddar, S K Yachha. Peritoneal lymphomatosis masquerading as pyoperitoneum in a teenage boy. *ACG Case Rep J*. 2019 Jun 17;6(6):e00116. Impact factor: 0.765
- A Ravindranath, M S Sarma. Bile acid synthetic defects: simplified approach in a nutshell. *Hepatobiliary Pancreat Dis Int*. 2019 Sep 12. pii: S1499-3872(19)30181-X. Impact factor: 1.79
- U Poddar, A Ravindranath. Is time ripe for Hepatitis A mass vaccination? *Indian Pediatric*. 2019 Sep 15;56(9):731-732. Impact factor: 1.145
- A Ravindranath, G Pai, A Srivastava, S.K. Yachha. Infant with hepatomegaly and hypoglycemia: A setting for fatty acid oxidation defects. *Indian J Gastroenterology*. 2017 Sep;36(5):429-434. Impact factor: 0.86
- U Poddar, A Ravindranath. Inflammatory Bowel Disease—Unclassified: How Much do we Know? *Indian Pediatric* 2017;54: 723-725. Impact factor: 1.145
- Sankar MJ, Chandrasekaran A, Ravindranath A, Agarwal R, Paul VK. Umbilical cord cleansing with chlorhexidine in neonates: a systematic review. *J Perinatol*. 2016 May;36 Suppl 1:S12-20 Impact factor: 2.18
- A Ravindranath, Gulati S, Tripathi M, Shukla G, Chakrabarty B, Sapra S, Dang N, Gupta A, Kabra M, Pandey RM. Prevalence of Sleep Abnormalities in Indian Children With Autism Spectrum Disorder: A Cross-Sectional Study. *Pediatric Neurol*. 2017 Sep; 74:62-67. Impact factor: 2.39

- A Ravindranath, Jain V. Advances in management of type 1 diabetes mellitus. World J Diabetes 2014; 5(5): 689-696. Impact factor: 4.96
- V.Jain, A Ravindranath. Diabetes insipidus in children. J Pediatric Endocrinol Metab. 2016 Jan;29(1):39-45. Impact factor:1.086

Book Chapters

- A Ravindranath, U Poddar. Viral Hepatitis in children. In: Anil. C. Anand. Viral Hepatitis in Indian Subcontinent – ICP Monograph. Indian College of Physicians. 2016. 225-239.
- M S Sarma, A Ravindranath. Dysphagia and Odynophagia. In Differential Diagnosis in Pediatrics by Indian Academy of Pediatrics 2019 (in print)
- A Ravindranath. Neonatal sepsis. In: R. Agarwal, A. Deorari, V.K.Paul, M.J Sankar, A Sachdeva (2nd Ed) AIIMS protocols in neonatology. 2019. 303-316.
- A Ravindranath. Mechanisms of Antibiotic Resistance. In: Lodha R, Kabra S (2nd Ed) Antibiotics for common infections in children – An evidence based approach. Indian Journal of Pediatrics 2019. 1-9.
- V Jain, A Ravindranath. Central diabetes insipidus. In: Suraj Gupte. Case based reviews in pediatric emergencies, 2014
- A Ravindranath, V Jain. Advances in management of Type 1 Diabetes. In: Suraj Gupte. Textbook of Recent Advances in Pediatrics, Vol 23, 2014.

Frequently Asked Questions

1. Where does Dr. Aathira Ravindranath practice?

Dr. Aathira Ravindranath currently practices at Apollo Bgs Hospitals, located in Mysore.

2. Who is Dr. Aathira Ravindranath?

Dr. Aathira Ravindranath is a highly experienced Paediatric Gastroenterologist with 11 years of expertise in the field. She is known for providing exceptional patient care and advanced medical treatments. Her areas of expertise include Endoscopic Procedures, Nutritional Therapy. She also treats conditions such as Celiac Disease, Gastroesophageal Reflux.

3. Why do patients choose Dr. Aathira Ravindranath?

Patients trust Dr. Aathira Ravindranath for her expertise, patient-centric approach, and commitment to providing the highest standard of care. She is well-versed in the latest medical advancements and ensures personalized treatment for every patient.

4. What is Dr. Aathira Ravindranath's specialization?

Dr. Aathira Ravindranath specializes in Paediatric Gastroenterology, with expertise in treatments for Endoscopic Procedures, Nutritional Therapy.

5. What are Dr. Aathira Ravindranath's medical qualifications?

Dr. Aathira Ravindranath holds prestigious qualifications, including MBBS, MD (Pediatrics), DM (Pediatric Gastroenterology).

6. How many years of experience does Dr. Aathira Ravindranath have?

Dr. Aathira Ravindranath has 11 years of experience in the medical field, treating various conditions related to Paediatric Gastroenterology.

7. How can I book an appointment with Dr. Aathira Ravindranath?

You can book an appointment with Dr. Aathira Ravindranath through: Online: Visit

<https://www.apollohospitals.com/book-doctor-appointment/> to schedule an appointment.