



## Dr Ajayakumar T

MBBS, D Ortho, MS Ortho 18+ Years Experience

Dr Ajayakumar T is a top Orthopedician in Cochin at Apollo Adlux Hospital . Book appointment online with Dr Ajayakumar T at Ask Apollo.

### Hospitals

Apollo Adlux Hospital ,

Doctor's Working  
Weekdays  
Mon-Sat

Doctor's Working  
Hours  
08:30 -18:00



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Book Appointment

## Overview

Dr Ajayakumar T is a distinguished Orthopaedics based at Apollo Adlux Hospital. With an impressive 18 years of experience in the medical field, he has dedicated his career to providing exceptional healthcare services to patients. He holds MBBS, D Ortho, MS Ortho, showcasing his extensive training and commitment to medical excellence. He is proficient in multiple languages, ensuring effective communication with a diverse range of patients.

He is known for his patient-centric approach, emphasizing the importance of understanding each patient's unique needs and medical history. His expertise encompasses a wide range of conditions related to Orthopaedics, enabling him to deliver precise diagnoses and treatments. He ensures that patients receive care tailored to their individual health requirements.

In his practice, Dr Ajayakumar T goes beyond treatments by educating patients about their health conditions. This empowers individuals to take active roles in managing their health and making informed decisions. By fostering a supportive and understanding environment, he builds trust and ensures long-term health management strategies for patients.

Dedicated to staying updated with advancements in his field, Dr Ajayakumar T actively collaborates with other healthcare professionals to provide comprehensive care. His commitment to improving health outcomes continues to leave a lasting impact on the lives of his patients, solidifying his reputation as a trusted name in Orthopaedics.

## Experience

- 18 years of extensive experience in dealing with complex orthopedic cases including poly trauma, sports injuries, Arthroscopy and Arthroplasty
- Took up the charge of orthopedic department in 2001 at Holy Family Hospital, established an efficient poly trauma unit. Initiated and spearheaded the arthroscopy surgeries in the institution in 2001.
- Pioneered the joint replacement surgeries in the hospital in 2004.
- Gained vast experience as a team leader in managing sports injuries and complex trauma cases.
- Excellent track record of post operative results..Proficient in using latest implants and instrumentations.
- Expertise in minimally invasive (key hole) surgeries and joint replacements.
- Lead the department independently for 10 years. Later expanded it into a full fledged tertiary trauma center.

## Membership

### Certifications:

- Champions meet 2019 Stryker October 19-20, 2019, Bangalore.
- Faculty CIOS Kochi October 5th& 6th,2019
- First meeting of Osteo articular infection society of India 24th&25thNovember 2018 Mumbai
- All around the shoulder symposium 30 March 2018 Bangalore
- Knee ligament reconstruction master course, Singapore, September 2017
- AO Trauma course Pelvic and Acetabulum with anatomical specimens at Bangalore July 2017.
- Masters Symposium on Trauma Pelvic & Acetabulum module Cadaveric course at Bangkok - 2016
- Knee Arthroscopy Cadaveric course at The Academia, Singapore General hospital - May 2015
- AO Trauma (Cadaveric) course in Approaches and Osteosynthesis at Graz, Austria - Sep 2014
- Knee Arthroplasty symposium at Kochi – Aug 2014
- 3rd Ganga Operative Trauma Course at Coimbatore – Jun 2014.
- Basic Concept of Total Knee Replacement at Kozhencherry – Nov 2013.

- AO Trauma Course Advances in Operative Fracture Management at Cochin – Apr 2013.
- Cadaveric Arthroscopy Skill Course (SHOULDER) at M.S.Ramaiah Advanced Learning Centre, Bangalore – Apr 2013.
- KOACON-Kumarakom, Kottayam. Presented a Video session titled “A simple technique to repair PCL injury
- 57th annual conference of IOA at Chennai – Dec 2012.
- 56th annual conference of IOA at Ghaziabad-Noida- Delhi – Dec 2011.
- Dr. K.T.Dholakia IOACON CME on Complications in Adult Lower Extremity Trauma-Prevention and Management at Ghaziabad-Noida – Dec 2011.
- KOACON-Kochi, attended CME on Missed and Mismanaged Trauma – Jan 2011.
- Master’s course on Joint Replacements at MIOT Hospitals, Chennai – Feb 2010.
- KOACON-Palakkad, attended CME on Tips & Tricks in Trauma Management – Jan 2010.
- First Medical Trust Course on Pelvi Acetabular Fracture Fixation – Oct 2009.
- CME on transfusion medicine at IMA Hall, Thodupuzha - Aug 2009.
- Advanced Trauma Workshop at Cochin - Jun 2009.
- 18th Annual Conference of KOA at Thrissur and presented paper titled “Evaluation of DRUJ following Both Bone Fracture Forearm -A comparative study between IM Nailing vs plate and screw fixation – Feb 1999.
- Orthopaedic Trauma & Complication Meet, 23-24 May 2009, at Coimbatore.7th Annual conference of Indian Arthroscopy Society at Goa – Sep 2008.
- Arthrocon at Calicut – Mar 2007.
- Basic Knee and Shoulder Arthroscopy Certification Workshop at Coimbatore – Jan 2007.
- Basic Shoulder Arthroscopy Workshop at Coimbatore – Feb 2006.
- Spine update at Lakeshore Hospital, Kochi – Dec 2005.
- Basic Arthroscopy Course, Kottayam – Jul 2005.
- CME on Paediatric Orthopaedics, Calicut – Jan 2005.
- 1st Amrita Arthroscopic Surgery Course at Kochi – Aug 2003.
- CME on Problems and Solutions in Paediatric Hip Pathology at Kottayam – May 2003.
- 1st Annual Meet of Indian Arthroscopy Society at Coimbatore – Oct 2002.
- AO Seminar with workshop on Principles of Operative Fracture Treatment at Cochin. – Jul 2001.
- Was awarded ever rolling trophy of Cochin Orthopaedic Society for Quiz Competition held at the Annual Conference of KOA - Jan 2000.
- Instructional Course on Trauma Life Support at Medical College, Trivandrum – Oct 1998.

- Program in Research Methodology and Problem Solving for Better Health at TD Medical College, Alleppey – Jul 1995.
- ICMR Research scholar -1993.

#### **Memberships:**

- Associate Member - International Society of Arthroscopy, Knee surgery and Orthopedic Sports Medicine
- Life Member - Indian Orthopedic Association
- Life Member - Kerala Orthopedic Association
- Founder member Ortho Alumini association Kottayam
- Member – OBA Sainik School Kazhakoottam

## **Awards**

### AWARDS AND SCHOLARSHIPS

#### UROLOGY SOCIETY AWARDS

##### **First Prize: Progress session:**

NZUCICON-2011, Shimla

Marudhara Jodhpur Best Paper Award:

NZUCICON-2011; Second Prize.

NZUCICON-2011 Urology Quiz:

Second Prize.

## **Research and Publication**

- 2017 – Member, **Arogyajalakam** of IMA Kerala State Branch
- 2016 – Secretary, IMA VOA, Thodupuzha

- 1999, 1998 – President, PG Medical Students Association
- 1996 – President, House Surgeon's Association, Kottayam Medical College.

## Frequently Asked Questions

### 1. Where does Dr. Ajayakumar T practice?

Dr. Ajayakumar T currently practices at Apollo Adlux Hospital, located in Cochin.

### 2. Who is Dr. Ajayakumar T?

Dr. Ajayakumar T is a highly experienced Orthopaedician with 18 years of expertise in the field. He is known for providing exceptional patient care and advanced medical treatments.

### 3. Why do patients choose Dr. Ajayakumar T?

Patients trust Dr. Ajayakumar T for his expertise, patient-centric approach, and commitment to providing the highest standard of care. He is well-versed in the latest medical advancements and ensures personalized treatment for every patient.

### 4. What is Dr. Ajayakumar T's specialization?

Dr. Ajayakumar T specializes in Orthopaedics, with expertise in Joint Replacement Surgery, Arthroscopy, Fracture Fixation, Spinal Fusion, Bone Grafting.

### 5. What are Dr. Ajayakumar T's medical qualifications?

Dr. Ajayakumar T holds prestigious qualifications, including MBBS, D Ortho, MS Ortho.

### 6. How many years of experience does Dr. Ajayakumar T have?

Dr. Ajayakumar T has 18 years of experience in the medical field, treating various conditions related to Orthopaedics.

### 7. How can I book an appointment with Dr. Ajayakumar T?

You can book an appointment with Dr. Ajayakumar T through: Online: Visit

[<https://www.apollohospitals.com/book-doctor-appointment/>](<https://www.apollohospitals.com/book-doctor-appointment/>) to schedule an appointment.