



## Dr Arti Behl

MBBS, MD (Psychiatry), PG Diploma in Medical law and ethics. (PGDMLE) 23+ Years Experience

Dr Arti Behl is a top Psychiatrist in Mysore at Apollo Bgs Hospitals Mysore . Book appointment online with Dr Arti Behl at Ask Apollo.

### Hospitals

[Apollo BGS Hospitals, Mysore](#) ,

Doctor's Working  
Weekdays  
Mon - Sat

Doctor's Working  
Hours  
10:30 -16:30



Call Now



Book Appointment

## Overview

Dr. Arti Bhel is a highly qualified psychiatrist based in Mysore, Karnataka, with over 20 years of experience in the field. She holds an MBBS and an MD, signifying her deep understanding and expertise in mental health. Dr. Bhel is dedicated to providing comprehensive psychiatric care, employing her extensive training to address a variety of mental health issues. Her approach is compassionate and patient-centered, ensuring that every individual receives tailored treatments that meet their unique needs.

Fluent in English, Hindi, and Kannada, Dr. Bhel is able to communicate effectively with a diverse patient population, making her services accessible to a wide range of individuals. As a female psychiatrist, she offers a unique perspective and empathetic approach to her patients, fostering a safe and comfortable environment for discussions regarding mental health.

Affiliated with Apollo Hospitals, one of the leading healthcare providers, Dr. Bhel is at the forefront of integrating modern psychiatric practices with holistic care. Her commitment to mental health advocacy and her ability to build trust with her patients set her apart as a reputable practitioner in her field. If you are seeking a compassionate specialist who can provide both diagnosis and comprehensive treatment for

mental health conditions, Dr. Arti Behl is an excellent choice. Whether it's through medication management, therapy, or a combination of both, she is committed to helping her patients achieve better mental wellbeing.

## Experience

- Worked as assistant professor in dept. Of psychiatry, MHC Manipal for two years
- After completing MD - working as consultant psychiatrist at Apollo BGS Hospital Mysore since august 2004.

## Membership

- Life Member of Indian Psychiatric Society
- Member of IAPP
- Member of CII (Mysore)

## Awards

- 2 gold medals in MBBS. Best outgoing PG student in Psychiatry, KMC Manipal.

## Research and Publication

- Research on dysfunctional eating behavior, psychiatric comorbidities, and sexual dysfunction in females
- Contributions to national and international publications
- Has written 3 chapters in different psychiatric books
- An article on Practitioner's Tool Kit for PCOS in IJEM

## Frequently Asked Questions

### 1. Where does Dr. Arti Behl practice?

Dr. Arti Behl is a practicing physician at Apollo Bgs Hospitals, Mysore. This hospital offers comprehensive healthcare services.

### 2. Who is Dr. Arti Behl?

Dr Arti Behl is a renowned Psychiatrist with over 14 years of experience. She practices in Mysore at Apollo Bgs Hospitals Mysore. Dr Arti Behl holds a degree in MBBS, MD. She provides treatments including Personality Disorder Treatment, Remedial And Psychotherapy, Relaxing Treatments. She specializes in treating conditions like Eating disorders, Mood disorders, Post traumatic stress disorder.

### **3. Why do patients visit Dr. Arti Behl?**

Patients choose Dr. Arti Behl for expertise in smoking cessation, stress management, and circumcision. For a complete list of her services, please refer to her professional profile.

### **4. What is Dr. Arti Behl's specialization?**

Dr Arti Behl specializes in Psychiatry. She has expertise in treating conditions such as Eating disorders, Mood disorders, Post traumatic stress disorder. Her key treatments include Personality Disorder Treatment, Remedial And Psychotherapy, Relaxing Treatments.

### **5. What are Dr. Arti Behl's medical qualifications?**

Dr Arti Behl holds MBBS, MD, reflecting her comprehensive education in the field of Psychiatry.

### **6. How many years of experience does Dr. Arti Behl have?**

Dr. Arti Behl has 14 years of experience in the medical field. Her professional history spans various locations.

### **7. What are Dr. Arti Behl's credentials?**

Dr. Arti Behl holds an MBBS and an M.D. in Psychiatry.