



Dr Arindam Mondal

MBBS, MD (Psychiatry) 19+ Years Experience

Dr Arindam Mondal is a top Psychiatrist in Kolkata at Apollo Multispecialty Hospitals . Book appointment online with Dr Arindam Mondal at Ask Apollo.

Hospitals

[Apollo Hospitals, Kolkata ,](#)

Doctor's Working
Weekdays
Mon - Sun

Doctor's Working
Hours
15:00 -15:01


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Overview

Dr. Arindam Mondal is a highly experienced psychiatrist based in Kolkata, West Bengal, with 19 years of dedicated practice in the field of mental health. He is an esteemed member of the Apollo medical group, recognized for his commitment to patient care and his expertise in various psychiatric disorders. Dr. Mondal holds an MBBS and MD in Psychiatry, underscoring his comprehensive training and knowledge in this complex field. He is fluent in multiple languages, including English, Bengali, and Hindi, enabling him to communicate effectively with a diverse range of patients.

Dr. Mondal's practice is characterized by a compassionate approach, where he prioritizes understanding the unique needs of each patient. He employs evidence-based methods in diagnosing and treating mental health conditions, ensuring that his patients receive the highest standard of care. He is well-versed in a variety of therapeutic techniques, including cognitive behavioral therapy and medication management, tailored to help individuals achieve a better quality of life.

Located in one of India's cultural hubs, Dr. Mondal's clinic offers a welcoming environment for those seeking help with issues such as anxiety, depression, mood disorders, and more. His commitment to

enhancing his patients' mental well-being reflects in the positive transformations he facilitates. Whether you are facing mental health challenges or seeking preventative care, Dr. Arindam Mondal stands as a trustworthy and skilled professional ready to guide you on your journey to wellness.

Experience

- Years of experience in the field: 15 years. At Apollo Gleneagles Hospital: FOUR years Six years of clinical, research and teaching experience at the premiermost institute of India,
- All India Institute of Medical Sciences (AIIMS), New Delhi.
- Extensive clinical experience in management of Depression, Schizophrenia, Bipolar Disorder, Stress, Anxiety, Phobia and OCD along with other mental disorders.
- Trained in the management of alcohol and drug abuse related problems at the apex institute of India
- National Drug Dependence Treatment Centre (NDDTC, AIIMS). Supervision of the clinical training of post-graduate medical students and psychologists.
- Guidance and supervision of Postgraduate (MD Psychiatry) and Ph.D. (Clinical Psychology) research work. Leading a multi-disciplinary mental health team of Psychiatrists,
- Clinical Psychologists, Social Workers, Occupational Therapists and Nursing staff. Participant in workshops,
- CMEs, academic activities conducted by regional, national and international agencies
- (WBIPS, DPS; IPS, NACO; NIAAA and WPA).
- Apollo hospital 6 n a half years, VIMHANS hospital delhi-3 yrs

Membership

- Life Fellow of Indian Psychiatric Society
- Life Member of Indian Association of Private Psychiatrists
- Life Member of Indian Association of Social Psychiatry
- Life Member of Delhi Psychiatric Society

Awards

- Family Planning Associater of India's Awards in 1984.
- Sanman Award from income Tax Department.
- Rotary & Lion's Award

Research and Publication

- Several - National Reports, articles in peer reviewed journals and case reports.
- Delhi psychiatric bull,vol 8,no1,17-23 April2005

Frequently Asked Questions

1. Where does Dr. Arindam Mondal practice?

Dr. Arindam Mondal is a practicing physician at Apollo Multispecialty Hospitals. He offers comprehensive healthcare services within the hospital's network.

2. Who is Dr. Arindam Mondal?

Dr Arindam Mondal is a renowned Psychiatrist with over 19 years of experience. He practices in Kolkata at Apollo Multispecialty Hospitals. Dr Arindam Mondal holds a degree in MBBS, MD (Psychiatry). He provides treatments including Psychotherapy, Medication Management, Electroconvulsive Therapy (ECT). He specializes in treating conditions like Schizophrenia, Bipolar Disorder, Anxiety Disorders.

3. Why do patients choose Dr. Arindam Mondal?

Dr. Arindam Mondal is a sought-after specialist in Kolkata for Schizophrenia Treatment, Geriatric Healthcare, and Drug Abuse & DeAddiction Therapy. For detailed information, please refer to his professional profile.

4. What is Dr. Arindam Mondal's specialization?

Dr Arindam Mondal specializes in Psychiatry. He has expertise in treating conditions such as Schizophrenia, Bipolar Disorder, Anxiety Disorders. His key treatments include Psychotherapy, Medication Management, Electroconvulsive Therapy (ECT).

5. What are Dr. Arindam Mondal's medical qualifications?

Dr Arindam Mondal holds MBBS, MD (Psychiatry), reflecting his comprehensive education in the field of Psychiatry.

6. How many years of experience does Dr. Arindam Mondal have?

Dr. Arindam Mondal has 19 years of experience in the medical field. His extensive experience spans various medical practices.