



## Dr Arun Prasad

FRCS (UK), FRCSEd, FACS MS ( MAMC ) MBBS ( AFMC ) 35+ Years Experience

Dr Arun Prasad is a top Surgical Gastroenterologist in Delhi at Apollo Hospitals Delhi . Book appointment online with Dr Arun Prasad at Ask Apollo.

### Hospitals

Apollo Hospitals, Delhi ,

Doctor's Working  
Weekdays  
Mon - Sat

Doctor's Working  
Hours  
11:30 -14:00



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## Overview

Dr. Arun Prasad is a highly esteemed Surgical Gastroenterologist based in South Delhi, with an impressive 35 years of experience in the field of general, gastrointestinal, and bariatric surgery. He is recognized as a Senior Consultant in his specialty and is proficient in advanced surgical techniques including laparoscopic surgery, video-assisted thoracoscopic surgery (VATS), and robotic surgery. Dr. Prasad's qualifications are extensive, holding prestigious certifications such as FRCSED, FRCS, FACS (USA), and MS (MAMC), along with his initial MBBS from AFMC. Fluently communicating in English, Hindi, and Punjabi, he ensures clarity and comfort for a diverse patient base. Known for his dedication to patient care and surgical excellence, Dr. Prasad has helped numerous individuals regain their health and quality of life through his skilled surgical intervention. His commitment to improving surgical outcomes and enhancing patient satisfaction makes him a trusted choice for those seeking surgical treatment. With a strong emphasis on patient-centered care, Dr. Arun Prasad aims to provide tailored surgical solutions that cater to the unique needs of each patient, solidifying his reputation as a leading expert in surgical gastroenterology in the region.

# Experience

- 35 years of experience as a surgeon makes him one of the most experienced surgeons in India and Globally doing laparoscopy (1990), advanced laparoscopy (1997), single incision laparoscopy (2010), bariatric surgery (2004), robotic surgery (2012) and bariatric endoscope (2018)
- Medical graduate from the prestigious Armed Forces Medical College, Pune. He did his masters in surgery from Maulana Azad Medical College, New Delhi in 1988 and went to UK for higher surgical training in GI surgery.
- There after doing FRCS in 1990, he worked at Charing Cross Medical School, London and associated hospitals. Laparoscopic surgery was started by his team at that hospital.
- On his return from UK in 1996, he joined Apollo Hospitals as one of the youngest senior consultants. He was also conferred with the prestigious FACS (USA) in 2019.
- Pioneer in laparoscopy in UK and India. 1st generation for Advanced GI laparoscopy, Thoracoscopy, SILS, Bariatric & Robotic Surgery in India with many 1st surgeries.
- Laparoscopic Gall Bladder Surgery : Pioneer of laparoscopic surgery in UK and India. First lap cholecystectomy in 1990 as junior surgeon in Nottingham. Now over 6000 laparoscopic cholecystectomy experience with no bile duct injuries. Also single incision (SILS) surgery.
- Laparoscopic Hernia Surgery : Technique published in British Journal of Surgery 1994. Experience of over 2000 laparoscopic hernia surgery including TAPP, TEP, IPOM, eTEP, AWR and TAR
- Bariatric Surgery : Pioneer in India (over 1000 surgeries) including patients of over 250 kg. Sleeve Gastrectomy, Roux enY Gastric Bypass, Mini Gastric Bypass (MGB)
- Bariatric Endoscopy : Pioneer of procedures like Gastric Balloon, Endoscopic Sleeve Gastroplasty (ESG) for those for those who don't want surgery.
- Robotic Surgery : World pioneer of Robotic Bariatric and Thymectomy Surgery with over 400 cases.
- Gastro intestinal Surgery : Laparoscopic & Robotic Benign and Cancer Treatment. Also Stapled MIPH piles, VAFT fistula treatment.
- Largest experience of Thoracoscopy and Robotic Bariatric Surgery in India.
- Records : Some records like, lap chole in 100 year old patient, bariatric surgery in 272 kg patient (record broken by others recently), largest thymoma removed by robotic surgery, 1st robotic minigastric bypass surgery, internationally accepted technique of totally robotic bariatric surgery etc.

## **CONDITIONS TREATED:**

- Morbid obesity, Gastrointestinal Cancer, Hernia, Gall bladder Stones, Myasthenia Gravis, Hiatus Hernia, Achalasia Cardia, Thymoma

## **FOCUSED PROCEDURES:**

- Bariatric Surgery, Endoscopic Sleeve Gastroplasty, Robotic Surgery, Advanced Laparoscopy, Thymectomy, Sympathectomy

## Membership

### **FELLOWSHIPS/MEMBERSHIP:**

- FRCS - Fellow of Royal College of Surgeons of Edinburgh & Glasgow (UK)
- FACS - Fellow of American College of Surgeons (USA)
- FMBS - Fellow of Metabolic & Bariatric Surgery
- President of Obesity surgery society of India (OSSI), affiliated to International Federation for Surgery of Obesity (IFSO)
- President of International MGB OAGB Club for Bariatric Surgery
- Former Vice President Indian Association of Gastro Endoscopic Surgeons (IAGES).
- FALS – Fellow of Advanced Laparoscopic Surgery ( Bariatric, Hernia, Upper GI, Hepatobiliary )
- Member Indian Society of Thoracic Surgeons

## Awards

- Received award from the Health Minister of Delhi for contributions to Thoracoscopy.
- Honored by the Health Minister of India for work in Bariatric Surgery.
- Delivered orations for the Association of Surgeons of India (ASI) in Delhi and Andhra Pradesh.
- Invited keynote speaker at Ghent, Belgium on the topic of Robotic Surgery.
- Received international award for Robotic Bariatric Surgery at Valladolid, Spain.
- Served as faculty at major international conferences on Laparoscopic, Robotic, and Bariatric Surgery across London, Montreal, Vienna, Paris, Naples, Milan, Tokyo, Hong Kong, Singapore, Germany, Spain, and China.
- Conducted live surgical transmissions demonstrating robotic and bariatric procedures at national and international conferences.
- Organized fellowship courses in bariatric surgery in Mumbai, Philippines, and Duke University (USA) on behalf of the International Bariatric Club & Academy.
- Organized and coordinated over 50 trauma training courses under the aegis of Primary Trauma Care UK.

# Research and Publication

- Robotic One Anastomosis ( Omega Loop / Mini ) Gastric Bypass For Morbid Obesity. Journal of Robotic Surgery, December 2014; 8 (4) : 371-374,
- The BMJ Awards India: And the winners are . . . robotic spinal surgery, hospital stewardship of antibiotics, and primary care for hill tribes, BMJ 2014; 349 doi: (Published 24 September 2014) Cite this as: BMJ 2014;349:g5803
- Robotic Single Anastomosis (Mini) Gastric Bypass, Obes Surg (2014) 24:1190, DOI 10.1007/s11695-014-1292-0
- Totally robotic gastric bypass using modified Lonroth technique, Arun Prasad, Jayashree Todkar, Obes Surg (2015) 25 (Suppl 1):S38–S39, DOI 10.1007/s11695-015-1750-3
- Robotic assisted Roux-en-Y hepaticojejunostomy in a post-cholecystectomy type E2 bile duct injury. World J Gastroenterol 2015; 21(6): 1703-1706
- Robotic surgery for hiatus hernia in super obese. The World Journal of Hernia and Abdominal Wall Surgery 2015; 19 (1) : 15
- Role of VATS in Management of Pulmonary Hydatid and Follow Up: A Case Series”. Aggarwal N, Prasad A et al. EC Pulmonology and Respiratory Medicine 7.10 (2018): 714-720
- Robotic Minigastric bypass. Prasad A. Page 171-179 ; Essentials of Mini ? One Anastomosis Gastric Bypass. 2018.
- Weight Regain After Bariatric Surgery—A Multicentre Study of 9617 Patients from Indian Bariatric Surgery Outcome Reporting Group - Acknowledged as contributor in published study - Baig, S.J., Priya, P., Mahawar, K.K. et al. OBES SURG (2019) 29: 1583.
- Standardization of Bariatric Metabolic Procedures: World Consensus Meeting Statement Acknowledged as working group member in published study - Bhandari, M., Fobi, M.A.L., Buchwald, J.N., Prasad A. et al. OBES SURG (2019) 29(Suppl 4): 309.
- One Anastomosis Gastric Bypass in Morbidly Obese Patients with BMI ? 50 kg/m2: a Systematic Review Comparing It with Roux-En-Y Gastric Bypass and Sleeve Gastrectomy. Parmar, C.D., Bryant, C., Luque-de-Leon, E., Prasad A. et al. OBES SURG 29, 3039–3046 (2019) doi:10.1007/s11695-019-04034-9

## Frequently Asked Questions

### 1. Where does Dr. Arun Prasad practice?

Dr. Arun Prasad currently practices at Apollo Hospitals, located in Delhi.

## **2. Who is Dr. Arun Prasad?**

Dr. Arun Prasad is a highly experienced Surgical Gastroenterologist with 35 years of expertise in the field. He is known for providing exceptional patient care and advanced medical treatments. His areas of expertise include piles-treatment.

## **3. Why do patients choose Dr. Arun Prasad?**

Patients trust Dr. Arun Prasad for his expertise, patient-centric approach, and commitment to providing the highest standard of care. He is well-versed in the latest medical advancements and ensures personalized treatment for every patient.

## **4. What is Dr. Arun Prasad's specialization?**

Dr. Arun Prasad specializes in Surgical Gastroenterology, with expertise in treatments for piles-treatment.

## **5. What are Dr. Arun Prasad's medical qualifications?**

Dr. Arun Prasad holds prestigious qualifications, including FRCS (UK), FRCSEd, FACS MS ( MAMC ) MBBS ( AFMC ).

## **6. How many years of experience does Dr. Arun Prasad have?**

Dr. Arun Prasad has 35 years of experience in the medical field, treating various conditions related to Surgical Gastroenterology.

## **7. How can I book an appointment with Dr. Arun Prasad?**

You can book an appointment with Dr. Arun Prasad through: Online: Visit <https://www.apollohospitals.com/book-doctor-appointment/> to schedule an appointment.