



Dr Ashok Sarin

MBBS, MD, FRCP(Edin) 40+ Years Experience

Dr Ashok Sarin is a top Nephrologist in Delhi at Apollo Hospitals Delhi . Book appointment online with Dr Ashok Sarin at Ask Apollo.

Hospitals

Apollo Hospitals, Delhi ,

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Weekdays
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Hours
10:00-16:00



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Overview

Dr. Ashok Sarin is a highly esteemed nephrologist based in Delhi, possessing an impressive 40 years of extensive experience in the field of nephrology. He is a dedicated and compassionate healthcare professional who specializes in the diagnosis, treatment, and management of kidney-related disorders. Dr. Sarin holds an MBBS, MD, and is a fellow of the Royal College of Physicians (FRCP), signifying his commitment to excellence in medical practice and ongoing education.

Fluent in both English and Hindi, Dr. Sarin easily connects with a diverse patient population, providing comprehensive care tailored to individual needs. His expertise includes managing chronic kidney diseases, acute kidney injuries, and other complex renal conditions, making him a trusted authority in his specialty.

Working with the esteemed Apollo group, Dr. Sarin is committed to delivering the highest standard of consulting and treatment options for his patients. Through innovative approaches and evidence-based practices, he ensures that his patients receive personalized care that fosters optimal health outcomes.

Dr. Sarin's extensive knowledge, coupled with his empathetic approach, has earned him the respect and gratitude of many patients and their families. He continues to contribute significantly to the nephrology field, staying updated on the latest advancements to better serve his patients. Whether through consultations or follow-up care, Dr. Ashok Sarin exemplifies a true dedication to enhancing the quality of life for those with kidney ailments.

Experience

- Senior Consultant Nephrology Apollo Hospital, New Delhi 1997-till date
- Senior Consultant Nephrology Moolchand/Kolmet Hospitals, New Delhi 1982-97
- Senior Registrar Nephrology/ Medicine Belfast City, Royal Victoria & Associated Hospitals, Queen's University, Belfast (U.K.).1977-81
- Senior Registrar Nephrology/ Medicine AIIMS, New Delhi 1975-76

Membership

- Life Member of Indian Society of Nephrology.
- Life and Executive Committee Member of Delhi Nephrology Society.
- Life Member of North Zone Society of India.
- Member of Haemodialysis Society of India.
- Life Member of Association of Physicians of India(API)
- Life Member of Indian Medical Association (IMA)
- Life Member of Peritoneal Dialysis Society of India
- Life Member of Indraprastha Apollo Hospital Consultant Forum

Awards

- **FHRS - Fellow of the Heart Rhythm Society** Awarded by Heart Rhythm Society, USA in Recognition of Advanced Training And Qualifications in the field of Cardiac Arrhythmia

Research and Publication

Publications:

(A) Papers

- Hota JK, Sarin A. Newer immunosuppressants in renal transplant. Apollo Medicine. 2012;1:44-49
- Sarin A. Recent Advances in the Management of Vesicoureteral Reflux. Apollo Medicine. 2009;6: 118-124
- Natarajan D, Sarin A, Upadhyaya S. Management of In-stent Restenosis in a patient with a Drug Eluting Stent on Haemodialysis awaiting renal transplantation. Indian Heart Journal. 2009;61:214-15
- Jasuja S, Gupta AK, Choudhry R, Kher V, Aggarwal DK, Mishra A, Agarwal M, Sarin A, Mishra MK, Raina V. Prevalence and Associations of Hepatitis C viremia in Haemodialysis patients at a tertiary care hospital. 2009;19(2): 62-67
- Sarin A. Fungal Infections in Renal Transplantation. Apollo Medicine. 2008;5:345-347
- Sarin A. Saxena V. An Unusual Case of Auto-immune disease. A short communication. Apollo Medicine. 2005;2:243-245
- Sarin A, Saxena V. Renal Replacement Therapy in ICU's. Apollo Medicine 2005;2:221-223
- 8. Concurrent RCC with tuberculous para-aortic lymphadenopathy: A pleasant surprise : Praveen Pushkar, Anshuman Agarwal, Ashok Sarin, Vikas Kashyap, Journal Of Canadian Urological Association, Volume 9, Issues 3-4 (April 2015)

• (B) Papers/Case Presented

- Presented a paper " DRUG INDUCED RENAL INJURY" at Nephrology Update 1993 held at Maulana Azad Medical College, New Delhi
- Case presented at Deptt. Of Nephrology AIIMS on " Controversies in the Management of Acute Renal Failure" 2002
- Case presented at Indian Society of Critical Care Medicine, India Habitat Centre, New Delhi." "Case of Renal Papillary Necrosis" and a " Case of Membranous Nephropathy with DVT" Aug. 2003
- Case presented "A case of Myasthenia Gravis, Grave's Disease and Lupus Nephritis" at Association of Physicians of India, Northern RAILWAY Hospital, New Delhi. Oct 2003
- Presented a case on Paroxysmal Nocturnal Haemoglobin Urea" at Annual Conference of Northern Chapter of Indian Society of Nephrology, SHIMLA 23-24TH April 2004
- Presented a case at Indian Society of Critical Care Medicine, Indian Habitat Centre, New Delhi April 2005-" Lupus Nephritis, Thrombocytopenia & IVIG "
- Paper presented at Northern Chapter of Indian Society of Nephrology, Jaipur Feb 2007- "A Clinician's Perspective of Chronic Kidney Disease"
- Faculty case Presentation at 3rd Annual Conference RSSDI (Regional Society of Study of Diabetes in India), Delhi Chapter. Dec 2007-" A Case of Renal Papillary Necrosis in a Diabetic"

Frequently Asked Questions

1. Where does Dr. Ashok Sarin practice?

Dr. Ashok Sarin currently practices at Apollo Hospitals, located in Delhi.

2. Who is Dr. Ashok Sarin?

Dr. Ashok Sarin is a highly experienced Nephrologist with 40 years of expertise in the field. He is known for providing exceptional patient care and advanced medical treatments. His areas of expertise include Acute Kidney Disease Aki Treatment, Nephrotic Syndrome Treatment. He also treats conditions such as Nephrotic syndrome, Polycystic kidney disease.

3. Why do patients choose Dr. Ashok Sarin?

Patients trust Dr. Ashok Sarin for his expertise, patient-centric approach, and commitment to providing the highest standard of care. He is well-versed in the latest medical advancements and ensures personalized treatment for every patient.

4. What is Dr. Ashok Sarin's specialization?

Dr. Ashok Sarin specializes in Nephrology, with expertise in treatments for Acute Kidney Disease Aki Treatment, Nephrotic Syndrome Treatment.

5. What are Dr. Ashok Sarin's medical qualifications?

Dr. Ashok Sarin holds prestigious qualifications, including MBBS, MD, FRCP(Edin).

6. How many years of experience does Dr. Ashok Sarin have?

Dr. Ashok Sarin has 40 years of experience in the medical field, treating various conditions related to Nephrology.

7. How can I book an appointment with Dr. Ashok Sarin?

You can book an appointment with Dr. Ashok Sarin through: Online: Visit <https://www.apollohospitals.com/book-doctor-appointment/> to schedule an appointment.